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Issue No 37
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May 21, 2008

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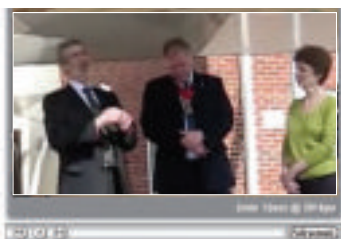
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TRIBUNAL GIVES WOMAN £5,000

WHAT'S ON & WATCH

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ENVIRONMENT AWARD: Technology school is presented with an Eco-Schools Flag

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VICTIM OF SEXIST COMMENTS

Theresa Bailey put up with two months of discrimination from her male colleagues before she quit.

■ BY MARIJKE COX

A WOMAN from Deal who was forced by her manager to wear a badge declaring "I'm Simple" has been awarded more than £5,000 after an industrial tribunal.

Theresa Bailey, 43, who was the only woman on her sales team at direct marketing firm Selectbase in Deal, endured a barrage of sexist comments during her two months of employment.

But the mother-of-three eventually snapped when her line manager, David Nye, ordered her to wear the badge after she complained about problems with her computer.

On May 14, following an employment tribunal in Ashford, Mrs Bailey was awarded £5,146 under the Sex Discrimination Act 1975.

During the hearing, which took place in March, it was heard that she had complained to senior management about the "laddish" behaviour of men in the office.

Line manager Mr Nye also joined in with others and regularly "lifted his right cheek" in her direction before breaking wind.

He also emailed a colleague after she complained about the state of the communal toilets, saying "That's why we don't employ women".

On another occasion Mrs Bailey had a beach ball thrown at her head when she protested against the sexist banter, which included colleagues leering at female passers-by and joking about women drivers.

She told the Ashford hearing that a number of

CONTINUED ON PAGE 3

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SAVINGS...**

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3 Steve Loader casts his expert eye over Toyota's Prius hybrid car. See the motors channel @ Yourkenttv.co.uk
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Warning over cinema that's louder than a rock concert

■ BY MARIJKE COX

VOLUME levels at the Silver Screen cinema in Dover are louder than a rock concert, according to a survey from audio specialists Hearbase.

The cinema was tested along with four others in Kent as part of Deaf Awareness Week to see how loud volume levels are in each venue.

After tests in which five people watched the film 10,000BC while wearing data-recording devices, it was revealed Silver Screen had the second loudest noise levels at 122.8 decibels (dB).

The highest was Ashford, with the loudest peak average at 123dB, while Canterbury was the lowest at 113dB, although peaks of 125dB were recorded, which is above the pain threshold.

A loud rock concert is measured at about 115dB.

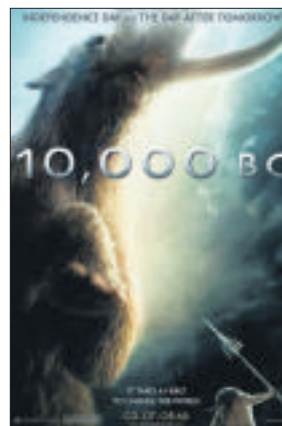
Mark Scutchings, director of Hearbase, said: "These results are scary and proof that our cinemas are showing films at dangerous volumes."

"All the cinemas tested recorded levels above 100dB consistently and most were frequent above the 115dB level expected at a rock concert."

"We are not trying to be killjoys and want people to enjoy entertainment, but cinema-goers should be better informed about the risks of listening to very high noise levels."

"In industry, for example, employers have to make their staff wear hearing protection if work involves noise at more than 85dB."

"Each person handles noise differently. While one person might recover easily from high-level noise exposure, another may suffer permanent hearing damage."



BIG SOUND: The Silver Screen cinema in Dover was recorded at 122dB

"This is why we are urging cinemas to inform their customers about the risks and offer cinema-goers the choice of a quieter performance."

"Showings for children should be quieter as there is particular concern about the risks of hearing damage and young people."

"Even a small decrease in volume would significantly reduce the risk."

Steve Casey, from the Hearing Company, said: "Noise is the single biggest cause of hearing loss."

"People might go to a loud concert when they are young and not realise the damage it is doing."

"If you come away from a pop concert with your ears ringing, then this is damage being done to your ears."

"People need to be more aware of the noise levels they might be getting when they go to the cinema."

The manager of the Silver Screen in Dover was unavailable for comment.

yourdover NEWS IN BRIEF

Drugs giant named in green survey

PFIZER has been named as one of the top 50 environmentally friendly companies in the country, according to the Sunday Times.

The drugs firm was recognised for its commitment to reducing its impact on the environment.

The Sunday Times 50 Best Green Companies survey, which is the first of its kind, takes into account the views of employees as well as assessing environment, performance, policies and business practices.

Dr Annette Doherty at Pfizer's Sandwich base said: "Green issues are very important to us."

Digging for victory

COUNCIL tenants are being invited to enter their garden into the Dover District in Bloom Competition.

Judges will visit the shortlisted gardens on July 15, but up until then the council is encouraging people to put on their gardening gloves and get involved.

There are five categories to enter: Best Garden, Best Allotment, Window Boxes and Hanging Baskets, Most Environmentally Friendly Gardener and Overall Winner. A prize will be given for each category.

Entry forms can be found on the council's website www.dover.gov.uk.

A toast to the mayor

THE new mayor of Dover will open the town's annual beer festival on Friday.

Cllr Diane Smallwood, who has taken over from Bob Markham, will open the festival, at Crabble Corn Mill, as one of her first mayoral duties.

Starting at 3pm on Friday and running throughout Saturday, the festival offers a host of entertainment and music, along with a wide variety of ales.

Let's get quizzical

GET your thinking caps on for a quiz night at Buckland Community Centre.

Organised by Dover Carnival Association Ltd, the event is being held on Sunday, June 15, at 7.15pm for a 7.30pm start.

Teams are to be made up of eight and pre-booked tables cost £10. Tickets on the night cost £3 per person or £15 for a table. Phone Mandie on 07867 973029 or 01304 211776.

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War of words over 20-year LDF plan

BY MARIJKE COX

THE Tory prospective parliamentary candidate for Dover and Deal has attacked the leader of the Liberal Democrats on Dover District Council for his criticism of the Local Development Framework (LDF).

Charlie Elphicke's outburst came after Cllr Clive Meredith's claim, revealed in Yourdover last week, that the 20-year plan is "fundamentally flawed" and a "disaster".

He said: "Cllr Meredith has been involved in the LDF and was at the full district council meeting when it was discussed. At no stage has he voted against the proposals even though he has had every opportunity to speak up."

The framework, devised by the Tory-run council, sets out development for the district and proposes building 10,000-14,000 homes, including many in Whitfield and Sholden.

Residents are upset with plans to build more than 3,000 homes collectively, where they believe the infrastructure is not sufficient.

Mr Elphicke, who is apprehensive about the development plans, said: "People in Sholden and Whitfield are concerned that there needs to be a sensible framework."

"I have reservations about developing these areas and what Cllr Meredith has said is undermining what I am trying to do to help."

"I agree with some of the LibDem policies, but he has done himself a disservice by making these comments."

"People will say that at best he is a flip-flopper and at worst a political opportunist."

But in response to the accusations, Cllr Meredith, who covers the ward of Whitfield, stated that he did speak out at the December council



LOGGERHEADS: Tory parliamentary hopeful Charlie Elphicke (left) has attacked Liberal Democrat Cllr Clive Meredith

meeting against the proposed housing allocation. He said: "The Lib Dems abstained on the vote for the LDF because while we supported some elements of it, such as the regeneration of Dover and high-speed trains, we are totally opposed to excessive housing development."

"It is outrageous that Mr Elphicke should claim I am undermining his campaign to stop over-development. His party are the ones doing so by supporting development."

Following another district council meeting on Wednesday night, Mr Elphicke spoke about his "despair" that the LibDems have chosen not to sit on the planning committee.

He said: "They are denying Whitfield a voice

and sticking their heads in the sand. This is a withdrawal of responsibility and a failure of Whitfield."

Cllr Meredith said: "We didn't take a seat because if you are on the committee it restricts what you can do as a member."

"There are only two LibDems at the district council. If there was a problem with planning and one of us was on the committee, only one of us could deal with it as the other would have to remain unbiased."

"We've helped many people in the past and worked on housing issues in Whitfield. We don't want to be restricted by sitting on the planning committee."

Bobsleigh team slide in for a visit



TIGHT FIT: Paul Dunster-Price and team

MEMBERS of the British bobsleigh squad stopped off at P&O Ferries' Dover headquarters to show off the sled they use to hurtle along courses on the Continent.

Paul Dunster-Price, captain of the Pride of Kent, is more used to a 30,000-ton ferry, but he hopped inside with other members of the bobsleigh team to try it out for size.

The British squad travel with P&O Ferries when heading across the Channel to train and race.

They are now laying the foundations to form top teams to compete in the 2010 Winter Olympics.

Care home delight

RESIDENTS at a Martha Trust care home in Deal have been presented with quilts made by volunteers from Project Linus UK.

The voluntary organisation provides blankets and quilts for sick or disabled young people and representative Ann Fordham paid a visit to Frances House.

Manager Maureen Hutchinson said: "It means a great deal to both our young people and their carers that groups like those from Project Linus can support them in this way."

Company denies any wrong by its employees

FROM FRONT PAGE

incidents in the office forced her to quit, adding "I felt so embarrassed and humiliated, my heart sank".

She also said she had never experienced such treatment at any other company and that her decision to leave, after working there from July to September, had been very difficult.

In an email to company director Steve Selwood in October 2007, she wrote: "The number of times the person at my side would lift up his bottom and fart and think it's funny is unreal. I am no prude, but I do think there is a time and a place for that behaviour."

And she proved victorious in her fight against Selectbase, receiving the large sum after the tribunal ruled that she wouldn't have suffered the same treatment if she was a man.

Humiliated Mrs Bailey, a telecommunications regional account manager, spoke out following her victory, stating she was very happy it was all over and done with.

After the hearing, a spokesman from Selectbase denied any of its employees had acted in an inappropriate, unfair or discriminatory way and said the company had 12 years of excellent employee relations.

Smuggler jailed after £3m cocaine haul find

A DRUG smuggler has been jailed for 17 years after trying to bring more than £3 million of cocaine into the UK through the Port of Dover.

Mark Bunton, 52, from Hertfordshire, was stopped by Customs officers on June 14 last year.

He was driving a Vauxhall Astra when he arrived at the Eastern Docks, claiming he had been in France looking for property.

Officers searched his car and discovered 32kg of cocaine and £6,000 in the rear quarter panels.

Tom Hunnisett, Revenue and

Customs' acting head of criminal investigation for the South East, said:

"We are working alongside the UK Border Agency in the fight to stop drugs entering the UK."

"We aim to protect society from this activity and will not hesitate to pursue those involved so that they can be prosecuted."

"The sentence handed down by the court in this case should act as a deterrent to those involved in trafficking and clearly shows that crime doesn't pay."

Banned driver's hard lesson

UNEMPLOYED Milan Gazsi could end up behind bars if he drives while disqualified again, he was warned.

Gazsi, 42, of Tower Hamlets Road, Dover, has been stopped twice by police driving when he shouldn't be.

On September 5 last year, he was caught at the wheel of an Escort in London Road, Crabble.

Police knew he had been banned for 16 months for drink-driving in July 2006. On April 10, he decided to drive to the dentist in Maison Dieu Road, Dover – and he was seen pulling

ling into the car park and arrested. Gemma Webb, prosecuting, said: "He was additionally in breach of a ban imposed in November for driving while disqualified."

James Smith, defending Slovakia-born Gazsi, said: "Both offences are flagrant breaches of court orders. He might have to learn the hard way."

Magistrates gave Gazsi a 120-day prison sentence, suspended for a year, ordered him to do 200 hours' unpaid work and gave him a 12-month supervision order.

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yourdover
NEWS IN BRIEF

How you can add your voice to climate woes

PEOPLE are being invited to take part in discussions about issues affecting climate change and ways to reduce its impact on the area.

The meeting will take place at the next Sandwich Local Board meeting tomorrow from 7pm at the Phoenix Centre on Jubilee Road.

Kent County Council climate change project manager, Alison Cambray, will give a talk on work being done to reduce the impact of climate change in Kent.

Presentations from Shaun Cline, the energy efficiency officer at Dover District Council, and Rosie Rechter, from the Deal With It campaign, will also take place.

Leyland Ridings, chairman of Sandwich Local Board, said: "The issue of climate change is a global one that affects us all."

"It's important we do what we can at a local level and in our everyday lives to minimise the harmful impact we can have on our environment."

For more information contact KCC community liaison manager, Louise Bolton, on 01622 221947.

Undercover cop traps drug dealer in club

WHEN Ryan Brown handed over a wrap of cocaine in a Dover night club he didn't know he was giving it to an undercover police officer.

Brown, 19, of Combe Valley Road, Dover, admitted supplying the white powder worth £30 to the officer in the Euphoria night club.

He was committed by Folkestone magistrates for sentence at Canterbury Crown Court because the bench decided it didn't have sufficient powers to punish him.

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your LOCAL TV ONLINE



Listen to two of the men who are taking part in the reconstruction

Le sporting challenge

DOVER is getting ready for one of its biggest sporting events of the year – the Dover Calais Festival of Sport

■ BY MARIJKE COX

Dover Town Council has been organising the popular event, planned for May 31, in which a number of competitors from across the Channel visit the town and compete against local teams.

The recently elected Mayor of Dover, Cllr Diane Smallwood, who takes over the role from Cllr Bob Markham next month, is looking forward to the event.

She said: "The Festival of Sport has been running for many years and each year it alternates as to who hosts it, Calais or Dover."

"The arrangements are well in hand and we are looking forward to it."

"The event brings friendship between different people and it's very good for Dover as it also brings a lot of people into the town which is good for local businesses."

"Dover and Calais are twinned towns and so it's great to do this every year. It's always a great day and especially good for sport."

A host of different sporting events will take place throughout the day including football, hockey, badminton, swimming and karate.

Each activity will take place at a different venue around the district and some, including sailing and



FRIENDSHIP: Shooting (above) and sea angling (below) proved very popular last year

sea angling, with spectators invited to watch from the seafront.

At the end of the day all the competitors join to receive their prizes, and speeches and presentations will take place at Dover Leisure Centre.

Cllr Smallwood said: "It's encouraging to see young people getting involved in sport and it's a day for everyone to get involved and make friends with people from our twinned town across the Channel."

Other sports included in the event are petanque, table tennis, darts, bridge, shooting, rugby, fencing, skittles and volleyball.

Programmes for the event are



available at Dover Town Council or for a list of events and venues visit www.dovertown.co.uk, www.dover.gov.uk or visit the town council offices with any queries.

TOMMIES TAKE AIM AT HISTORY EXTRAVAGANZA IN DOVER CASTLE



yourkenttv.co.uk

A RECONSTRUCTION of 'Tommies' from World War One will be displayed during a history extravaganza at Dover Castle over the Bank Holiday weekend.

The recreation, part of a three-day Living History Spectacular at the fort, aims to give visitors an insight into the life of a soldier on the frontline.

The soldiers, who will occupy a trench for the exhibition, form part of a cast of characters spanning the past 2,000 years from the Roman Empire to World War Two.

Visitors will have the chance to see demonstrations, wander in a medieval market and soak up the sights and smells of feasting in the Keep.

Arena displays will also take place, including a Roman drill and a Norman cavalry show.

The historical weekend takes place from 10am to 5pm on Saturday, Sunday and Monday.

Admission prices are £13 for adults, £10.40 for concessions, £6.50 for children and a family ticket is £32.

For English Heritage members, adults get in for £2.70, children £1.30, concessions £2.20 and £6.20 for a family ticket.

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CHALLENGE: Hilary Lister will attempt to sail around Britain, solo, using the sip-and-blow system of straws

Sailor with the puff of legends

A QUADRIPLÉGIC yachtswoman from Kent is setting off from Dover in a sailing trip around Britain.

Hilary Lister, from Canterbury, made it into the record books in August 2005 when she sailed solo across the English Channel by using a sip-and-puff system of straws to control her yacht.

Now, the 35-year-old who can only move her head, aims to go further and circumnavigate Britain on a solo trip with the support of numerous organisations, including the Lions Club of British Isles and Ireland.

Kent County Council is also supporting Ms Lister's efforts with a cheque for £5,000 being presented to her by the sports development unit today.

■ BY MARIJKE COX

She said: "I am so excited and can't wait to get going."

"I can't thank my team enough for the help and support they've given me and also KCC for everything they've done, and the Lions for their valuable assistance."

"I'm not underestimating the huge physical and psychological challenge that lies ahead but the chance to spend so much time on the water doing what I love is what drives me on."

Record

As well as sailing into the record books by crossing the Channel in 2005, Hilary has also successfully solo circumnavigated the Isle of Wight, becoming the first female quadriplegic to do so.

She first learnt to sail at Westbere Sailing Club and now encourages young disabled people to take on the

challenging sport.

By doing the round-Britain trip, Ms Lister hopes to raise awareness for disabled sailing and raise money for Hilary's Dream Trust, her charity, which aims to help others fulfil their dreams.

Mike Hill, KCC cabinet member for community services, said: "There are some tremendously talented young sportspeople in the county."

"I am delighted we are able to support them in achieving their best and to encourage other disabled people to be inspired to reach their potential, whether in sport or life in general."

"Our warmest wishes go to Hilary as she takes on this impressive challenge."

She will set sail from Dover on the morning of June 9 weather depending.

To see more about her and her sailing challenges visit www.hilarylister.com.

yourdover NEWS IN BRIEF

Water usage must be reduced for future

CLIMATE change and a growing population will put a major strain on water supplies, according to Folkestone and Dover Water.

The company's 25-year draft Water Resources Management Plan, which is being published for public consultation, states this can only be overcome by a greater efficiency in the use of water.

David Walton, managing director of the company, said: "We review the ways of providing additional water, including options such as desalination, and look at the potential for water savings."

"Overall we are placing a great deal of emphasis on water saving as we believe this will enable us to ensure a long-term supply in a cost-effective way."

The company aims to reduce the average daily use of water from 150 litres per person to 120 litres. One of the factors taken into account in the plan is the expanding economy of Dover and Folkestone, where it is estimated the population will grow by around 20 per cent in the next 25 years.

To view the draft plan visit www.fdw.co.uk or reference copies will be in local libraries.

River clean-ups helped with new equipment

THE White Cliffs Countryside Project has resumed its clean-ups along the River Dour. Volunteers gathered to help clear litter from Charlton Green, Barton Path, Buckland Bridge and Pencester Gardens.

The clean-up was led by resident, Paul Willmott. Kirk Alexander, project manager, said: "We are grateful to the Environment Agency for supplying new additional equipment to help with the clean-ups."

Details of further clean-ups and other events are in the free booklet from libraries or from the project on 01304 241806.

Police hunt girl who beat up teen on street

POLICE in Dover are appealing for witnesses following the assault of a teenage girl.

The 15-year-old was walking with her friend from Kearsney Station towards London Road on April 28 at 8.45pm, when they saw a group of about ten young men and a young woman walking.

As they approached Wellington Road, the woman punched the victim in the face.

The offender, who ran off towards Whitfield Hill, is described as white, 16-years-old with straight shoulder-length hair worn loose.

She had on a mini-skirt, and black leggings. Contact South Kent Police on 01303 289180 or Crimestoppers on 0800 555111.

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CONTRIBUTION: The Mayor of Dover, Cllr Bob Markham, with the 13 volunteers recognised for their work

Town says thank you to volunteers

THE Mayor of Dover has awarded 13 volunteers for their contribution to the town.

The inaugural award ceremony took place at the town council offices on last Wednesday, and saw Dover people recognised for their services.

Cllr Bob Markham, the Mayor of Dover, said: "The heart of this town is its volunteers. It just wouldn't be the same if it wasn't for these people. This event is Dover's way of saying thank you."

The first to be awarded was Richard Catt, for his services as president of Dover Rugby

Club. A citation praised him for his first class leadership which assisted in leading Dover's first team to five promotions in six seasons.

The next was Arthur Knowles, 87, who has just completed 35 years of voluntary service to the Air Cadet Organisation, the largest youth organisation in the country.

Mike McFarnell was also honoured at the ceremony for his commitment to the town in reviving the Dover Pageant and the film festival among other major events.

• For the full list of names and award recipients see the story on Yourkenttv.co.uk.



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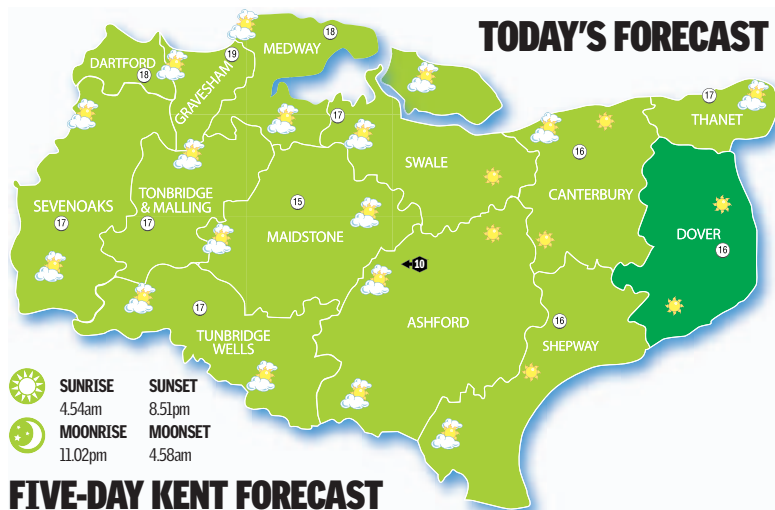
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Chatham	Saturday	2:55pm	5.7m
	Sunday	3:26pm	5.6m
Dover	Saturday	1:22pm	6.2m
	Sunday	1:54pm	6.1m
Dungeness	Saturday	1:15pm	7.2m
	Sunday	1:46pm	7.1m
Ramsgate	Saturday	1:52pm	4.7m
	Sunday	2:24pm	4.7m
Sheerness	Saturday	2:45pm	5.5m
	Sunday	3:16pm	5.4m
Whitstable	Saturday	2:52pm	4.9m
	Sunday	3:22pm	4.9m

AROUND THE WORLD YESTERDAY

Amsterdam	12°C	Madrid	18°C
Athens	24°C	New York	18°C
Barcelona	18°C	Paris	16°C
Beijing	27°C	Rome	21°C
Bombay	33°C	Sydney	17°C
Cape Town	27°C	Tenerife	24°C
Cardiff	12°C	Tokyo	23°C
Gibraltar	20°C	Vancouver	20°C
Hong Kong	24°C	Warsaw	11°C
Las Palmas	23°C	Wellington	15°C

FIVE-DAY KENT FORECAST

	Thur	Fri	Sat	Sun	Mon		Thur	Fri	Sat	Sun	Mon
Ashford	16°C	17°C	18°C	19°C	17°C	Gravesend	15°C	17°C	19°C	20°C	19°C
Canterbury	13°C	15°C	17°C	18°C	18°C	Maidstone	14°C	17°C	19°C	20°C	19°C
Chatham	13°C	14°C	16°C	17°C	17°C	Ramsgate	13°C	15°C	17°C	18°C	18°C
Dartford	15°C	17°C	19°C	20°C	19°C	Rochester	13°C	14°C	16°C	17°C	17°C
Dover	14°C	15°C	16°C	15°C	15°C	Sevenoaks	13°C	15°C	18°C	18°C	18°C
Faversham	13°C	14°C	16°C	17°C	17°C	Sittingbourne	13°C	14°C	16°C	17°C	17°C
Folkestone	14°C	15°C	16°C	15°C	15°C	Tonbridge	15°C	17°C	19°C	19°C	20°C
Gillingham	13°C	14°C	16°C	17°C	17°C	Tun Wells	15°C	17°C	19°C	19°C	20°C

yourdover

NEWS IN BRIEF

Have dinner with Graham Gooch

FORMER England cricketer Graham Gooch OBE is paying a visit to the Ramada Hotel in Dover to support charity Martha Trust.

Following the success of its 2007 Sporting Dinner, the Deal-based charity, which provides lifelong residential care for profoundly disabled adults, has invited the cricket legend to join them this year.

Members of the public are encouraged to attend and show their support for the trust.

A table for ten people costs £600, which includes a three-course meal and wine, entertainment from comedian Adger Brown, the talk from Mr Gooch and an auction and raffle.

Money raised will go towards the £250,000 annual target which helps provide a better quality of life for residents and respite and day-care visitors of trust homes.

For more information or for details on how to book call Martha Trust on 01304 615223.

Hospital rally call

HOSPITAL campaigners are staging a public rally in Dover town centre.

The protest, which calls for a general hospital, is on Saturday at 11am.

Rally leader, Reg Hansell, asked town councillor David Hannant to organise the event, which follows a meeting where community hospital services were proposed for Dover.

The march will start from the Market Square and go through the town centre to Maison Dieu House.

Campaigners are hoping to bring in a crowd matching that of the public meeting held last month where more than 300 people turned up.

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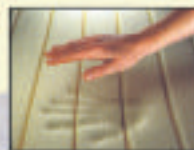


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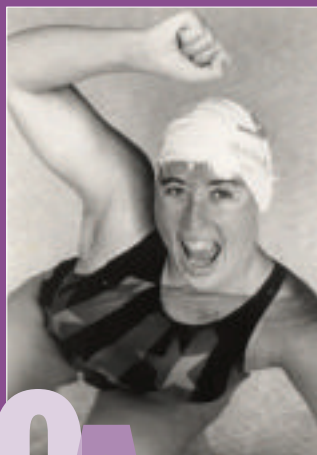
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yourlocalinterview

QUESTION & ANSWER

ALISON STREETER



Q You've swam the English Channel 43 times. What first made you decide you wanted to swim it?

A It was something I had at the back of my mind since I was 11 or 12 but I never honestly thought I could do it. Even when I was swimming long distances in the Solent and breaking records I thought the English Channel was beyond someone like me.

In the end it was someone who had tried to swim the Channel who told me I had a really good chance. That started me on the path to thinking I might give it a serious go, but even then I thought the Channel was for the experts and not me.

Q How did you come to be crowned Queen of the English Channel?

A A lady by the name of Cindy Nicholas was crowned Queen with 19 crossings. She was from Canada and I thought, well I have 11 and I think the title belongs here, so I did two crossings in 1991 and a record seven crossings in 1992 which brought my total up to 20. I therefore became the new Queen with more crossings than any other lady.

Q What is the hardest thing about taking part in such a feat and does it get any easier the more you've done it?

A The hardest thing is waiting for the right day. As we all know the weather is pretty unpredictable and it is not unusual to wait for a fortnight before a gap for an attempt.

My first swim took place three weeks after the planned time and it really plays on your

mind. For me it doesn't get any easier the more times I get out there. Firstly, I am getting older and I don't bend so easily and secondly, my success rate is pretty high and it puts mental pressure on me to make it.

Q What tips would you give to somebody thinking of swimming the Channel?

A Besides getting psychiatric help you mean?!

If you don't treat it as a walk in the park and do all of the training that is suggested then you stand a good chance of making it. Always over-train because conditions in the Channel can deteriorate rapidly and any extra strength you have can make the difference between a success and a failure.

Q Do you have any plans to swim the Channel again in the near future?

A Yes, the King of the English Channel is only nine crossings away from my total, I have not trained much in the last two years as I am concentrating on piloting, but I hope to be able to do both next year or the year after. It will only be one swim a year though. I can't afford to do any more than that these days! I want to remain the overall record holder whatever happens.

Q How does it feel to reach France after so many hours of swimming during an attempt?

A It feels fantastic, the best feeling I know of, even if it was the 43rd time.

Q Is this the best part of it?

A Definitely, this is the best bit. Walking out onto the beach knowing all the training and effort has been worthwhile and you have put your name in the history books.

Q What is your greatest personal achievement?

A Undoubtedly the three-way Channel swim. I was the last person to achieve this in 1990 - only two other guys and myself have done it. I am the only woman and the only British swimmer to have succeeded.

It took me 34 hours and 40 minutes of non-stop swimming, together with a bit of arguing! But I am immensely proud.

However, I do have to say it wouldn't have happened without my support crew having more faith in me than I had in myself and pushing me to start the third leg. Once I had started I got back into the swimming routine but it was hard to get going.

I was also extremely honoured to be inducted into the International Swimming Hall of Fame in 2007 which is based in Florida USA.

Q Could you tell me a little bit about receiving an MBE from the Queen and the reasons why?

A I raised money for charity on the three-way swim and I was extremely honoured. The Queen presented me with the MBE for not only this but services to charity.

Q & A

The Queen of the English Channel speaks to **Marijke Cox** about her determination to bring the crown home, being rewarded for her charitable efforts and recommending psychiatric help



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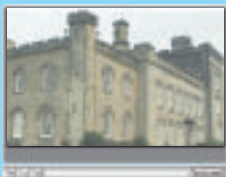
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Bees are facing a deadly new threat, as Canterbury Beekeepers' Association chairman Cheryl Crees explains.



Chiddingstone Castle has been re-opened to the public as part of the Seven Wonders of the Weald tour.



World War One 'Tommies' will be at Dover Castle during the bank holiday. Yourkenttv has been given a sneak preview.



Lest we forget: Ed Hill reports from the Flanders region of Belgium, after touring World War One cemeteries



Paramore on the In New Music We Trust stage at Radio 1's Big Weekend, one of many clips available to music fans.

EDITOR'S CHOICE

You can view all these videos and others from around the county with the click of a mouse at...

yourkenttv.co.uk

The siren of the sea

BY NICK AMES

A LAUNCH patrolling the county's coast is Kent police's newest weapon in the fight against crime and terrorism.

The Alexandra III carries on a tradition started in 1830, when the force used rowing boats – but she is the first craft at the disposal of officers since 1995.

She will be tackling illegal immigration, drug trafficking, people smuggling and terrorism.

The 53-foot long vessel, which is capable of speeds up to 27 knots, was originally designed as a prototype lifeboat but was modified for police work at a cost of £150,000.

She has been partially funded by the rise in the police share of the council tax in 2007.

Called a "floating police station" by Chief Constable Michael Fuller, she has a crew of three but can carry up to 16 – including firearms and other specialist teams.

The boat will work alongside two existing high-speed rigid inflatable craft, which are used for intercept work.

She has been called the Alexandra III as Kent police have already had an Alexandra I and II – named after the daughter of the late Duke and Duchess of Kent, who is also first cousin to the Queen.

The boat will be based at Sheerness on the Isle of Sheppey, but her patrol area encompasses the whole of the Kent coastline, which is the longest in England, stretching 350 miles from Dartford to Dungeness and a major gateway to continental Europe.

Ann Barnes, chair of the Kent Police



FLOATING POLICE STATION: The Alexandra III will patrol the county's 350-mile coastline

Authority, officially launched the Alexandra III in a champagne ceremony last Wednesday.

She said: "I'm really pleased to have this new asset that will act as our main police boat. Those who live or work by the sea will hopefully notice a police presence on the waters."

"An effective police force has to be able to stretch from dealing with localised problems to international organised crime and terrorism."

The boat is designed to operate alongside the country's Border Agency and will also be used to tackle rogue shipping.

Mr Fuller said: "This boat will be invaluable in increasing our capability and visi-

bility around the Kent coast and in the county's waterways."

"It will dramatically enhance the work we already do with our colleagues in other police forces and agencies, and help prevent the use of our coast and rivers for organised crime and terrorism."

"With its crew it will act as a virtual floating police station and provide protection and service to everyone in Kent."

Superintendent Andrew Lyttle, who has led the project, added: "This represents three years of planning and I'm delighted that the marine boat is going to add so much value to our policing effort."

Kent cops put in big overtime bill

POLICE officers in Kent claimed more than £12.5 million in overtime last year, new figures show.

The payments, made to constables and sergeants for working additional hours, was the seventh highest of all the 53 police forces in the UK.

The overtime payments, uncovered by industry magazine Police Review in a Freedom of Information request, show more than half-a-billion pounds was paid to police officers in the UK last year.

The biggest overtime payments went to officers in the Met police, with the 31,000-strong force pocketing an extra £135.9m last year.

Next was Strathclyde in Scotland, which covers Glasgow, with a £26.1m overtime bill, followed by Greater Manchester with £25.1m.

West Midlands came fourth with £20m, Thames Valley was fifth with £15.7m, and just above Kent was Northamptonshire with £15m.

The British Transport Police billed a total of £10.2m in overtime, with the smallest claims coming from Humberside police, where the additional hours bill came to just £1.6m.

Forces in Gwent, the City of London, West Yorkshire and Central Scotland failed to provide information about overtime payments, so the nationwide figure will be significantly higher.

Julie Nesbit, chair of the Police Federation of England and Wales' constables central committee, said overtime is going up as forces are in desperate need of more officers.

She said: "Forces across the UK are saying they will reduce the number of constables and the workload is definitely not being reduced, so overtime is the only answer."

It has been suggested that the Government could scrap police overtime and replace it with a higher basic wage.

But a Home Office spokesman denied this.

Homes get £10m fix-up

COUNCILS across the county are to receive £10 million over three years to spend on improving homes.

Tonbridge and Malling, Tunbridge Wells, Sevenoaks, Maidstone, Ashford, Dartford, Gravesham and Medway councils have been jointly awarded £9.75m by the South East Regional Housing Board.

Jill Anderson, Tonbridge and Malling's cabinet member for housing, said: "By adding funding for renewable energy sources to our list of grants, we can encourage people to help protect our environment and save money."

Fundraisers have a ball for Demelza House

MORE than £100,000 was raised at the recent Demelza Charity Ball at Leeds Castle.

The total amount was boosted by a massive contribution from the ball's sponsors, Brakes Group of Ashford, who presented a cheque for £50,000.

The Sittingbourne-based charity, which provides hospice care for children with life-limiting illnesses across the county and beyond, had

arranged a medieval banquet in the grounds of the castle using the company's ingredients.

More than 500 guests enjoyed a night of feasting and pageantry, together with entertainers and musicians.

Popular DJ Neil Kefford, who presents Invicta's 'Kent's Home Run', hosted the auction in the guise of King Henry VIII.

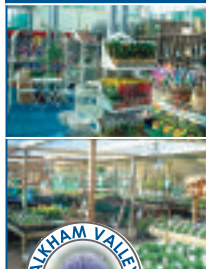
There was high bidding for prizes ranging

from a private box to see Kylie in concert at the O2 Arena, a recording session with X Factor star Ben Mills, a luxury trip to Tokyo and a once-in-a-lifetime opportunity to release gorillas back into the wild in the Congo.

A spectacular fireworks display over Leeds Castle and a lively night of dancing rounded off one of Demelza's biggest nights in the social calendar.

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Oil beneath our feet?

BY SIMON ROBINSON

AN OIL company prospecting for "black gold" in the Sussex hills also has a licence to explore Kent for deposits of the fossil fuel.

This could spark an oil rush in the countryside of the Garden of England.

With prices of crude oil rocketing, Northern Petroleum is exploring any new reserves and has already targeted an area of the South Downs in West Sussex.

Now the company is carrying out exploratory work to see if deposits can be located in this county and should any be discovered the licence means they can be extracted.

Exploration

West Sussex County Council last week voted to allow the oil barons to chop down an area of woodland and build a 120ft high drilling rig.

Council officers said they felt there was an "over-riding need" for oil exploration within this country.

And it this means deposits worth a massive £12 billion could fuel company profits – the first stage in a potential large-scale drilling project in the South East.

A statement from Northern Petroleum



DRILL OF THE CHASE: Oil barons could be turning their attentions to the Garden of England

reads: "[The company] have a Petroleum Exploration and Development Licence in Kent. At present we are still doing in-house geological and geophysical work on these areas, and it is too premature as to where and when we may drill".

But the company added it is very keen on exploring reserves within the UK borders as the global price for oil has rocketed and supplies from countries such as those in

the Middle East and Eastern Europe can be irregular.

The Sussex site, at Markwells Wood near Chichester, is estimated to contain the equivalent of 200 million barrels of fuel – potentially worth £12bn.

Richard Latham – the real-life equivalent of TV's Dallas star JR Ewing – is chairman of Northern Petroleum.

Amidst opposition to the drilling from environmentalists, he has vowed to do all he can to protect the countryside.

The company has already agreed to plant more woodland round the site – which will be concreted – and return it to its original state when operations are finished.

But Alice Farr of the Woodland Trust still called the drilling "an act of vandalism" – even though no objections came from the Environment Agency or Natural England.

The southern area of England, because of its limestone and sandstone base rock, is a perfect place for large oil deposits to be formed.

The law currently allows exploration for valuable fuels in any area – even national parks – if the benefits to the country are thought to be sufficient.

In the event of oil being successfully extracted for refining the Treasury would receive around 50 per cent of the proceeds with the oil companies pocketing the rest.

'Nightingale set the standard for hospital hygiene'



HOSPITAL board meetings need to focus more on patient care to avoid repeats of the superbug outbreaks in west Kent, according to one of the country's leading health campaigners.

Baroness Audrey Emerton of Tunbridge Wells and Clerkenwell, was awarded a life peerage after a long and distinguished career in nursing.

She visited Benenden Hospital, which is an independent hospital near Cranbrook, to mark National Nurses Day on Monday last week.

The day is held in celebration of the birthday of Florence Nightingale.

Baroness Emerton said: "She died 98 years ago and yet we still celebrate her birthday – the reason is her legacy."

"It is because of her basic standards in nursing, basic hygiene, nutrition and care. Florence Nightingale, of course, invented hygiene in the Crimean War. She set up the foundation of the nursing profession."

Hygiene, comfort and compassion for patients were the cornerstones of Nightingale's Notes of Nursing and remain vital today, she said.

KOS Media is currently running a campaign to promote good hygiene practices in hospital and healthcare centres across Kent.

Baroness Emerton agreed hygiene was hugely important if infection rates of superbugs such as MRSA and Clostridium difficile were to be kept down.

She spoke to nurses at Benenden about their work and congratulated the hospital on winning Top Independent Employer in the recent Nursing Times awards.

The hospital has not had one case of MRSA or C diff since 2000, a hospital spokeswoman said.

Asked what she thought the key to its success was, Baroness Emerton said: "Well, I suppose small is beautiful. The place is spotless and hand hygiene is available for everyone. What is interesting is their cleaners are their employees, not contracted."

"The ward sisters can control their own environment."

Spirit in the sky

THE Spirit of Kent will be flying high this summer as the county's very own Spitfire takes to the air.

The restored fighter is flown at displays in memory of the 131 County of Kent Squadron – a wartime RAF unit whose Spitfires were funded entirely by donations from people who lived in the county.

The veteran aircraft was bought by Peter Monk and Mike Simpson in 2006, who keep it at Biggin Hill airport.

Robin Brooks, from Maidstone, has written extensively about the aircraft and its history.

He said: "When you think about the Battle of Britain you think about the Spitfire and Hurricane, and during those days the skies above Kent swarmed with them."

"The fact that the people of Kent actually clubbed together enough money to fund a whole squadron shows how much the aircraft was held in high esteem."

"We feel it still is and a Spitfire in the skies above is an inspiring site. It was restored to former glories to commemorate the people of the county and the fact that the Battle of Britain was fought overhead."

The Spirit of Kent will stage a



Picture: JON STOLE

FLYING VISIT: The Spirit of Kent stage flypasts at a number of summer events

flypast over the Hawkinge Battle of Britain Museum on Saturday and will be at Manston airport the following day.

Then, on Sunday, June 15 it will

fly over Kent County Showground at Detling as part of a festival organised by rotary clubs, before taking part in the County Show at the same venue in mid July.

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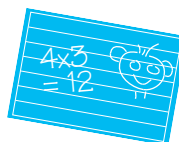
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Youngsters show healthy interest in life challenge



NATIONAL PILOT: Pupils and staff from Green Park Community School took part in a healthy living scheme

A PRIMARY school in Dover has taken part in a national pilot project to promote healthy living.

Green Park Community School in Buckland carried out the Health Challenge, run by the National Children's Bureau (NCB) in partnership with the Kent Healthy Schools Programme.

Pupils, teachers, school staff and parents were asked to select a target to work towards from three options – healthy eating, feeling good inside and physical activity.

During the four-week scheme, commissioned by the Food Standards Agency, schoolchildren took part in a number of activities to try and reach their goal and kept journals tracking their progress.

The school was one of three

BY MARIJKE COX

primaries to take part in Kent alongside three secondary schools.

Aerobics, walking to school and rowing-themed days were some of activities in the programme.

Chris Wells, from Kent County Council, said: "Schools have been very creative and undertook a range of whole school, class and individual challenges."

"The Health Challenge programme is being evaluated at the moment, the results of which will be available later this year."

"However, feedback from schools so far indicates that it's already made a difference."

"I would like to thank the schools for supporting KCC, the Food Standards Agency and the NCB by taking part in this national pilot."

Jo Butcher, from NCB, said: "Children and young people told us they needed help to initiate and maintain lifestyle changes that would help them be healthier now and in the future."

"The Health Challenge aims to make being healthy fun, natural and desirable, recognising that small steps lead to big changes."

KCC and NCB hosted an event at the University of Greenwich Centre in Kings Hill to thank schools for taking part and Paralympic gold medal winner, Giles Long MBE, gave a talk.

He presented certificates to the schools and Rob Kurby, an Academy of Culinary chef, showed guests how to have fun with food.

The pilot project of the Health Challenge is part of KCC's Towards 2010 Community Healthy Eating scheme currently being piloted across the county.

BREAK TIME



Green footprint proves a winner

STUDENTS from Dover Grammar School for Boys have been crowned the winners of the Young Enterprise County Final at the University of Kent.

The Green Footprint Group (GFG), set up by sixth-formers at the school, gained a place in the final after winning the Dover district competition.

As well as winning awards for best presentation and most environmentally aware company, the GFG will go on to represent Kent at the South East Regional Final.

SEND your schools news and pictures to yourdover@kosmedia.co.uk. You can also upload your own video clips of schools events on to www.yourkenttv.co.uk.

Market for recipe

A BOOK of local recipes has been written by a member of staff at Sandwich Technology School.

Susan Hibberd, eco-schools co-ordinator, has chosen recipes to highlight Kentish ingredients to fit with busy, health-conscious lifestyles. Research for The Butterfly Book of Kentish Recipes was collected from a number of sources.

The book is in bookshops for £6.99.

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yourdoverblogger

Each week we get a mystery writer to air their views on living in Dover...



It must be summer – I'm behind a very slow tractor

NOT only do they get to own huge slices of our green and (mostly) pleasant land, they think they own the damn roads too.

Yep, our farming pals are at it again: summer's here and so it's time for them to take a long, slow drive between their fields – just as we're off to work, on the school run, or returning from work of course – holding me and everyone else up in a long tail behind them.

We have British Summer Time purely to help you farmers get more daylight so you can count your EU handout cash.

So do us all a favour and drive your tractors and combines when the sun comes up – about 5am if you hadn't noticed – so I can drive to work at 8am without getting stuck.

All this happens on roads that I pay for.

Yes, firstly the extortion that is my annual road tax (£165) and then the tax I'm paying on the fuel in my car.

I pay £1.25 for a litre of diesel (more than five quid a gallon) while farmer bloody Giles on his huge fat-wheeled tractor potters along

at 20 miles an hour on red diesel which he gets tax free. Terrific.

The sight of a tractor crawling at between 10 and 15 mph followed by a sweating row of seething car drivers is as much a feature of the English summer as the inevitable plucky Brit failing at Wimbledon.

The winter months are mercifully free of people who seem to regard themselves as some sort of "tractorocracy".

Last week I turned onto a main Kent A road. But trundling past were six – yes six – tractors in a row. All proceeding at that painfully slow pace followed by at least 20 cars on one of the hottest days of the year.

But did the tractors make any move to step aside. What do you think?

They went along at a snail's pace until they reached a field and then disappeared.

For people who travel 500 yards out of towns, this is a summer menace which needs to be addressed and some forward thinking people in the Midlands did just that.

They created the Considerate Farmers' Voluntary Code for Highway Movements.

It suggested that tractors should not be on the road from 7am to 9am and 4pm to 6.30pm.

They should drive close to the nearside kerb to make overtaking easier, pull over at every available lay-by, avoid travelling in convoys and finally ensure they are not overloaded so they spill stuff onto the road.

It had the full backing of the local councils and the police.

There was even a "Well Driven" sign to be displayed on tractors adhering to these rules.

Then there was a number to call so people could report farmer vehicles who were playing at being king of the road.

And in the first few weeks guess how many farmers signed up? Three, yes three.

So there you see the socially-aware attitude of the sons of the soil in the heart of England.

But I bet it would be three more than would sign up in Kent.

EDITOR'S NOTE: All bloggers are supplied with full name and address of the authors. They do not reflect the view of the newspaper but are designed to give our readers the chance to air their views.

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If there is a story in your area you think we should be covering, contact the editor, **Dave Mairs**, on 01303 817022, or email him on the details above. If you want to be the next Dover blogger, then all you have to do is submit an article to us (of about 550 words) and email it to the editor. And don't forget, for all the latest news and video from your town, log on to www.yourdover.co.uk.

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yourcompetition

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JUST CHILLIN': Norman Cook, aka Fatboy Slim, joins a host of dance stars on Ministry of Sound's Chilled 1991-2008

FOLLOWING on from the half-a-million selling Anthems compilation Ministry Of Sound bring you its sister album, Chilled. The history of chillout music in one album, celebrating 17 years of the finest sounds from the genre.

Downtempo delights from the biggest names in chill including Lemon Jelly, A Man Called Adam, Bent and Sebastian Telier take you on a journey through years of the coolest chilled out sounds.

It contains picked the finest selection of the all time classics to bring memories flooding back and transport you in to a state of pure bliss.

The tracklist highlights come in the form of The Orb's 'Little Fluffy Clouds', Royksopp's 'Eple', Fatboy Slim's 'Demon's', Everything But The Girl 'Missing', Jakatta's 'American Dream', William Orbit's 'Barbers Adagio', The Avalanches' 'Since I Left You', Jose Gonzales' 'Heartbeats' and Mylo's 'In My



Arms'. The collection goes as far back as The Beloved's 'Sweet Harmony', right up to recent soothing sounds of Peter, Bjorn & John's 'Young Folks'.

This is the ultimate collection of laid-back beats and blissed-out house, the all-time biggest anthems in chill.

We have six copies of this fantastic album to giveaway. For your chance to win simply answer the question below and send your

entry on a postcard along with your email address (if applicable), name, address, and daytime telephone number to Chilled CD Competition, KOS Media, Apple Barn, Smeeth, Ashford, Kent, TN25 6SR.

You can also text your answer to 81800, by sending CHILL08, followed by a space, the answer, a space and your name and address.

Messages cost 25p plus standard network charges. The service is provided by g8wave London N7.

If you do not wish to receive any literature please write 'no literature' on your entry

Q) How many years of finest sounds are Ministry Of Sound celebrating?

Closing date is 10.06.08.

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yourmusic

There's no time to lose if you want to Lounge

BY SIMON ROBINSON

ADVANCE warning: all cash-strapped, disorganised and 'I'll do it tomorrow' music fans look away now – early-bird tickets to this year's Lounge On The Farm festival have sold out.

Although the reduced-fee allocation to the Canterbury three-dayer has been snapped up, full-priced passes are still available.

And with indie rockers The Mystery Jets, Canadian starlets Holy F*ck and folk act Johnny Flynn And The Sussex Wit among the latest batch of top acts added to the bill, the £85 price tag for a weekend ticket still represents somewhat of a bargain.

To date, more than 60 bands, solo stars and DJs have agreed to perform at Merton Farm over the weekend of Friday to Sunday, July 11-13.

The main cowshed arena bill already boasts The Bees, Black Kids, Polka Party, Billy Childish, Art Brut and The Shortwave Set, while scores of more established acts have been allocated slots on the six other stages.

The Sheep Dip, for example, will play host to Those Dancing Days, Magistrates and Los Campesinos, and the Hoe Down features DJ sets from two 80s superstars – former Specials frontman Terry Hall and his Dexty's Midnight Runners equivalent Kevin Rowland.

A festival spokesman said: "With an amazing line-up and set in the idyllic surrounds of Merton Farm, Lounge On The Farm has shown that boutique festivals can make waves in such a competitive market."

"As the festival season gears up and the



MORE: Art Brut and The Mystery Jets have signed up to play this year's Lounge On The Farm

weather gets hotter, it's time to get your tickets while you still can."

Sunday at LOTF has been dubbed Local Heroes' day, with acts from across the county dominating the line-up.

Among those to perform are Underground Heroes, Lupen Crook And The Murderbirds, UpCDownC, Brigadier Ambrose, What Would Jesus Drive, Zombie Met Girl, Seven Storey Down and Intraverse.

A full weekend ticket costs £85 for adults, £40 for children. A family ticket, based on two adults and two children, costs £180. Day entry costs £35 for adults and £20 for children. Those under the age of five go free.

For details see www.loungeonthefarm.co.uk.



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TALK TIME

DAVID BATCHELOR

The sculptor, artist and writer, based in London, has an exhibition at the Metropole Gallery in Folkestone from June 14



Tell us about yourself

I am an artist who works mainly in colour and found materials. I have been working with this kind of material and subject for the last 15 years or so. When I went to college I was originally a painter, everyone was in my day, and subsequently I found was more able to find ways of working using three dimensional objects and materials I found in the streets and ordinary everyday shops.

What made you change from painting to using three-dimensional shapes?

I wasn't a good enough painter would be the quick answer! I found it very difficult to represent the world rather than just do a painting, and I found a way of using objects from that world and modifying them seem to work a lot better for me.

What themes do you try to express through your use of colours?

My main interest is how our experience of colour has been changed by industrialisation and electrification; the colours we see today are nothing we could have experienced a hundred years ago. With plastics and particularly petro-chemical colours in plastics new versions of those colours are always being invented. I am more interested in the colours of industrialisation and of the city than I am of the colours of nature.

How does it feel to be exhibiting in Folkestone?

It is a fantastic project; the spaces here at the Metropole Gallery are one of the most beautiful gallery spaces I have been in to work in. The fact it is completely empty out makes it even more beautiful. It has fantastic sunlight and is a great space.

YOUR LETTERS

Toytown mayor is not man for the job

The gaffes you quoted in last week's blog by the so-called Boris Johnson fan showed he should never be considered to be mayor of Toytown, Trumpton or Camberwick Green – let alone London.

David Poulson
Dover

Time we abolished nuclear weapons

Nuclear weapons are immoral, dangerous and wrong.

Far from eliminating the causes of war the accumulation of nuclear weapons aggravates them. They are a threat to peace.

An arms race does not ensure peace for anybody.

Modern warfare provides the opportunity to those who possess such weapons of the indiscriminate destruction of whole cities or vast areas with their inhabitants.

Such action can never be justified and is a terrible crime.

The sooner disarmament can take place and nuclear weapons abolished the better.

Mark Fletcher
Dover

'Greater Deal' is a big problem

I am becoming more and more concerned about the proposals to build a large number of houses at Sholden in line with the Local Development Plan.

If the proposals go ahead Sholden will effectively lose its identity and be merged into a 'Greater Deal'.

We would need much improved educational and health facilities



COMMENT ONLINE TOO

Not only can you use email and letters to respond to our stories, don't forget you can comment via our website too.

Beneath most stories on the www.yourdover.co.uk website there is the facility to leave your comments on whatever YOU thought of the online article.

To leave your remarks, simply click on the 'Add your comments' link and tell us what you think. And remember, www.dover.co.uk is updated daily, bringing you the latest, breaking news from Dover, Deal, Sandwich and villages across the region.

We will include the best on these pages too – ensuring your comments reach the widest possible audience.

In addition, if you find your newsagent, supermarket or petrol station runs out of Yourdover before you've grabbed your copy, you never need to miss out.

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and so far there are no tangible proposals about how this will be achieved.

Above all we will need better roads and utilities – this is what makes the proposed development

at Minters Yard so problematic. Has the case to 'merge' Sholden and Deal really been made?

Ben Bano
leader of the Labour group
Dover District Council

Prince's Trust has laudable aims

You have recently been giving publicity and praise to the Prince's Trust and I would like to echo the fact that I feel it one of the most worthwhile organisations operating in the field of charity today.

Rather than diversifying its aims it has the set project of helping young people from this country who are in need of assistance to find a worthwhile role in society.

Now, what could be more laudable than that?

Mathew Hopkirk
Deal

Try volunteering at heart shops

I am writing to appeal to your readers to help the British Heart Foundation by volunteering at their local BHF Shop in Kent.

Volunteers are absolutely essential to the success of the BHF and they really do help save lives. Last year thanks to our volunteers, BHF Shops raised a staggering £14 million to fight heart disease – the UK's single biggest killer.

We urgently need more volunteers in BHF shops in Kent to raise vital funds and help us continue our work into heart research, care and education.

Most people know someone affected by heart disease. Any time your readers can spare, from a few hours to a few days a week, will make a real difference to heart patients across the UK.

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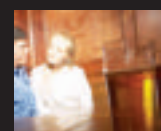
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We always need drivers to pick up stock, volunteers to prepare donated items and help on the shop floor and experts to lend a hand with our wide range of books and music.

These are just some of the roles that need filling, so there's likely to be something to suit everyone.

I urge your readers to pop along to their local BHF Shop and ask about volunteering opportunities. Readers can find their local BHF Shop by visiting bhf.org.uk/shops or calling 0844 412 5000.

Please join us – we really need your help to save more lives.

Ken Blair
Chief executive BHF Shops



Let's help look after the carers, too

Next month, I am proud to be just one of many 'famous faces' lending their support to Carers Week 2008 – an annual campaign that pays tribute to, and celebrates, the wonderful work carried out by the millions of people in the UK who care for a family member or friend.

About six in ten of us, from all walks of life, will become carers at some time in our lives, looking after someone who is ill, frail or disabled.

I have the utmost respect for these people as I know, from a personal experience, just how

draining caring for a loved one can be on both a physical and emotional level.

Wanting to look after our loved ones is human nature – but this sometimes comes at a price with many carers telling us they often have to sacrifice their own health and well-being. Taking a break, a holiday or even time out to visit the doctor is just not an option.

Carers deserve as much support and recognition as they can get and more.

That's why I'm helping the team at Carers Week encourage these "fantastic folk" to seek support and find out more about the resources

and advice available.

In backing the campaign this year, I hope I can help to raise awareness of this worthwhile cause and show carers that people do care about them too.

To find out where you can get help, please log onto www.carersweek.org

Paul O'Grady
Aldington

Rugby club have done the town proud

We would like to congratulate Dover Rugby Club's 1st XV at the end of a very successful season for their accomplishments.

To reach the quarter-finals of the EDF Vase, come second in their first season of London SE3 and then win the play-off in a very exciting match to gain promotion to London South 2 division – sealing five promotions in six seasons – is quite an achievement.

It has been a roller-coaster of a season. Despite injuries and at times atrocious weather, the team played with spirit and have been a formidable side, especially at home.

They have kept the spectators on tenterhooks, but we have enjoyed almost every minute of the season. They have been a credit to their coach, Graham Tonks, the club and the town of Dover.

As new supporters, we would also like to thank Dick Collins, Dick Catt and everyone at DRFC who have made us feel very welcome.

Congratulations also to the 2nd and 3rd teams for winning their leagues – it has been a great season for all involved.

Ian and Maria Shilton
Dover

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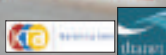
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The singing
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Almost four decades on, David Essex is still a musical legend

WHEN the young David Essex dreamed of being a footballer, a successful music career must have been the last thing on his mind.

But Essex chose to abandon soccer for singing and went on to become an internationally acclaimed musician, as well as a heartthrob for ladies everywhere. Now a composer and star of both stage and screen, Essex, 60, has a lot to look back on after almost four decades in the business.

He grew up in east London with the surname Cook and joined West Ham United Juniors in the hope of becoming a footballer.

But in the end he decided to go in a more artistic direction, and when he auditioned for the London production of the musical Godspell in 1971 at the age of 23, his life changed forever.

Chosen for the role of Jesus, Essex shot to fame amid ecstatic reviews and received two major awards. This led to a lead role in the film That'll Be The Day co-starring Ringo Starr, followed by the sequel Stardust with Larry Hagman and Adam Faith.

Following the rise and fall of pop star Jim Maclaine, they are still regarded as two of the best films about the rock scene.

Hysteria

While filming, Essex wrote and recorded Rock On, which became a huge hit in both the UK and the US, securing his status as a global star. It was followed by Lamplight and the number one hits Hold Me Close and Gonna Make You A Star.

His first UK tour caused chaos, generating scenes of fan hysteria on the level of Beatlemania. He was nominated for a Grammy for Rock On and attracted the compliments of no less a person than John Lennon.

Despite his popularity in the States, Essex turned down several lucrative deals in order to return home and produce several successful albums. He demonstrated his skills as a theatrical performer when offered the part of Che in Tim Rice and Andrew Lloyd Webber's Evita, but he was also encouraged to do

**TALENTED:** David Essex has made a name for himself as both an actor and a musician

more straight acting by Richard Burton.

He starred in and wrote the score for his motorbike racing film Silver Dream Racer, which generated another chart hit with Silver Dream Machine. Television viewers were kept happy with the 1989 series The River, in which he played a charming lock keeper. As well as popular music, Essex worked on a ballet score for the Russian All Stars Company in the mid-90s, while keeping true to his Romany roots by becoming patron of the Gypsy Council.

In 1999 he was awarded an OBE for his services to charity. The 21st century has seen more recording and roles in musicals, most recently playing George in Aspects of Love, which visited Kent earlier this year.

The show starts at 7.30pm and tickets cost £25. Phone the box office on 01322 220000, or book online at www.orchardtheatre.co.uk.

DAVID ESSEX

Monday, June 2

The Orchard Theatre, Dartford

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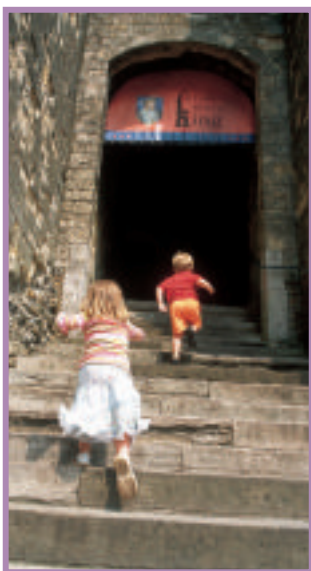
MEET the people of the past during Dover Castle's fascinating Living History Spectacular.

Visitors will be transported back in time to meet Romans, Tudors and soldiers from both the First and Second World Wars. Courtiers and servants will mingle with their guests in the towering castle keep and there will be the chance to experience a busy medieval market place.

Wonder at the skill of the Norman cavalry as they display their warfare techniques or laugh at the silly antics of the jester and other medieval performers. There will be plenty of fun on offer with the games, music and dancing but keep an eye open for the Victorian policeman on patrol.

Understand more about the difficult conditions of trench life in the First World War in the trench experience, where re-enactors will tell thought-provoking tales of hardship. Learn about the bravery of the Royal Flying Corps and see a replica First World War plane.

The event runs from 10am to 5pm daily. Tickets cost £14.40/£13 for adults, £6.50 for children and £32 for families. To book call 0870 333 1183. For more information visit the website www.english-heritage.org.uk.



Picture: KENT TOURISM ALLIANCE

SIMPLY BALLROOM

Monday, June 2
Leas Cliff Hall, Folkestone



ALL the glamour of the dance floor is coming to Folkestone in the exciting production Simply Ballroom.

Hosted by Sam Kane and Sophie Lawrence, the show features a host of world-class dance champions giving life to the choreography of Strictly Come Dancing's Anton Du Beke and Erin Boag. Successful theatre, television and singing star Sam Kane recently visited Kent in the musical Hot Flush! and earlier this year he appeared in Emmerdale, alongside his wife Linda Lusardi. Sophie Lawrence is perhaps best known for her long-running role as Diane Butcher in Eastenders, but she has since racked up an impressive list of acting credits on stage and screen.

Having made dancing queens of opera singer Lesley Garrett, presenter Esther Rantzen, actress Patsy Palmer and impressionist Jan Ravens on Strictly Come Dancing, Anton Du Beke's choreography skills are beyond doubt. With dance partner Erin Boag, he has created a stunning celebration of the magic of ballroom.

The show starts at 7.45pm and tickets are priced from £20.50 to £22.50. To book call the box office on 0844 847 1776 or visit the website at www.leascliffhall.co.uk.



JOUSTING FESTIVAL

Tuesday to Sunday,
May 27 to June 1
Leeds Castle, near Maidstone

STEP back in time and hear the clashing of lances at Leeds Castle's Jousting Festival.

History will come alive at the medieval castle as brave knights mount their steeds to dual for glory. Dressed in impressive armour, they will re-enact the exciting and dangerous sport that entertained royal spectators centuries ago. Some knights made their fortunes through jousting because the prize money was high, but so were the risks and the less fortunate lost limbs or even their lives.

Visitors will be able to witness twice-daily jousts by knights on horseback and men at arms, along with the usual attractions in a beautiful setting.

Children and adults can burn off some extra energy on the exciting Go Ape! high wire forest adventure course, while younger guests can explore the Knights Realm adventure playground. For a more sedate visit, enjoy wandering around the stunning castle and grounds or get lost in the impressive maze.

Tickets cost £15/£12.50 for adults and £9.50 for children. Entry is free for under-fours.

For more information call 01622 765400 or visit the website at www.leeds-castle.com.



Picture: LEEDS CASTLE

DOVER LEISURE

Female sculptors show their artistic skills

AN EXHIBITION of work by six female sculptors is on display in Sandwich.

The Feminine Touch 08, an exhibition presented by Artform, can be viewed at St Peter's Church in Market Street until Bank Holiday Monday. It is open daily from 10am to 4pm.

For more information call 01227 372266 or 07890 065046.

Take your teddie for a great trip on a train

CHILDREN can travel on the East Kent Railway for just £1 when accompanied by a teddy bear this weekend.

As long as they also travel with a fare-paying adult, the child can enjoy a bargain ride and free entry into a prize-winning teddy hunt on Saturday, Sunday and Bank Holiday Monday.

For full details about the Teddies Picnic event, call 01304 832042.

Alternatively, visit the website at www.eastkentrailway.com.

Make finger puppets at family day at museum

CREATE some cute characters using finger puppets at the next Dover Museum family day.

Adults and children are invited to make their own puppets, choosing from an array of animals and people, and create their own stories. The event will run at the museum between 10am and 4.30pm on Tuesday.

Museum admission fees apply and entry is free for Dover District Council residents, proof of address is needed.

For information call 01304 201066 or email kim.norton@dover.gov.uk.

Inn puts on night of powerful soul covers

SOUL fans can experience the powerful voice of Shann Lee Parker when she performs in Sandwich this week.

Lee Parker sings a wide variety of songs, covering hits by artists as diverse as James Morrison, Tina Turner and Gladys Knight. She will be performing at the New Inn in Harnet Street, Sandwich, tomorrow (Thursday).

For more details about the gig or venue call the pub on 01304 612335.

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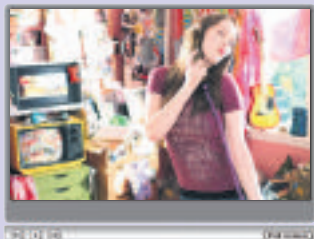
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ON GENERAL RELEASE

CHARLIE BARTLETT (15)



Expelled from private school, Charlie Bartlett (Anton Yelchin) finds himself at a regular high school. His geeky appearance earns him a first day beating, so his mom (Hope Davis) calls in the family psychiatrist. Then Charlie sets himself up as a school agony aunt.

SHUTTER (15)



A remake of the 2004 horror hit from Thailand about a photographer and his girlfriend involved in a tragic road accident who later notice ghostly figures in the backgrounds of their pictures. Joshua Jackson and Rachel Taylor star in a supernatural frightener that suggests that the spirits never leave us.

SMART PEOPLE (15)



Professor Lawrence Wetherhold (Dennis Quaid) is an intellectual giant, but flummoxed when it comes to love and family. When he accidentally encounters former student Janet (Sarah Jessica Parker), the result is often comical, sometimes heartbreaking, for everyone around him.

Emile doesn't have time for life in the slow lane

BY ELLIE GENOWER

HE RECEIVED critical acclaim for his sensitive portrayal of Chris McCandless in last year's Sean Penn-directed film, *Into the Wild*.

So it was assumed that up-and-coming actor Emile Hirsch would go straight to another small, character-led film, building up his fledgling career slowly but surely.

But the 22-year-old wasn't having a bit of it. He hopped from the snowy climes of Alaska to the futuristic, colourful and slightly warped world of *Matrix* directors Larry and Andy Wachowski's *Speed Racer*.

"It was like being in a sauna for a year and then someone running in and throwing you into an ice bath," says Emile, who plays the lead role in the movie adaptation of the original Japanese cartoon.

Emile plays car-crazy kid Speed in a futuristic world of corporate greed, race-fixing and dirty tactics.

To create the larger-than-life setting, he and fellow cast members Christina Ricci (Trixie), Susan Sarandon (Mom), John Goodman (Pops) and Matthew Fox (Racer X) spent much of the time filming in Berlin against a green screen, before the Wachowskis added their special brand of post-production computer wizardry.

"It was a shock. We were outdoors every day on *Into the Wild*, climbing mountains and crossing rivers, so to jump onto the green screen was tough," says Emile.

"It is harder because you've got to be on your game and it's easy to slip up, so you've always got to be focused. The real environment is always easier on the actor, because it's more natural to react to."

Speed Racer is a character who has plenty of focus. The film begins with Speed and his family trying to deal with the death of his adored brother Rex Racer, before Speed grows up to become a star racer himself.

VIEW THIS PREVIEW

yourkenttv.co.uk



After turning down a lucrative offer and untold riches to race for corrupt corporate giant Royalton Industries, he and his family go it alone with his dad's racing cars, leaving Speed aiming to compete in the ultimate race: the Grand Prix.

But although mind-blowing effects certainly create an edge-of-your-seat experience, does the growing reliance on computer wizardry in films like *Speed Racer* detract from plot and character? Emile thinks not.

"The Wachowskis made this about the family," he says. "Speed is fighting against the greed of the corporate world and trying to find the meaning of life and all that."

He hopes that *Speed Racer* will eventually become a trilogy, emulating *The Matrix*, one of his favourite films.

Clearly, before any more films are made, *Speed Racer* has to hit the spot at the box office. And with big competition this summer from the likes of *Indiana Jones*, *Batman*, *Iron Man* and the *Incredible Hulk*, it's not going to be an easy task.

"The thing that's really going to separate



POLE POSITION: Emile Hirsch is a young man in a hurry and *Speed Racer* could turbo-charge his fledgling career

Speed Racer from some of those big summer movies, is the fact that this is a family film," Emile says.

"Some of those other movies are a little bit more adult and dark, which is cool, but *Speed Racer* is really a movie made for the whole family, that kids are going to love but adults are going to love too."

"And it's one of those movies where you almost want to stand up and cheer at points."



YOU CAN WATCH ANY OF THESE FILM PREVIEWS OF THE LATEST MOVIES BY LOGGING ON TO LEISURE TV @ yourkenttv.co.uk



For information and advice on travelling in Kent and for all our traffic regulation orders, please see the Saturday Observer or the Kent on Sunday or visit our website at www.kent.gov.uk/highways

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Sat & Sun – 2.50pm
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the Kent local search directory - Telephone: 01303 817110

Thirty minutes to boost health

Curves

WITH today's busy lifestyle, a fitness facility in Ashford is promising to transform your physical and mental well-being with an easy to follow, short-blast programme.

Curves' popular exercise programme has proved a bit hit, giving women with hectic schedules the perfect opportunity to get fit quick.

Owner of Curves, Gina Hawkins, said: "A common complaint of women is that they just don't have time to exercise."

"The Curves 30-minute complete workout provides the solution. For half an hour you move around a circuit changing stations every 30 seconds. You need

not rush to a class or worry about a schedule. When you turn up your workout begins - just jump in anywhere and start.

"The unique features of hydraulic resistance make it possible to perform strength and cardiovascular training at the same time. You push with one muscle group and pull back with the opposing one. The intensity easily elevates and sustains your target heart rate.

"Sustained heart rate activity conditions your body to access fat for energy.

"During the first few minutes of exercise your muscles will primarily burn energy in the bloodstream and glycogen stored in the muscle. As you continue to exercise, your body will begin to



access more stored fat and your body will become more proficient at accessing fat as you exercise on a regular basis.

"The 30-second intervals were

chosen because they are the optimal time for a strength training set. Your muscles can 'sprint' for about half-a-minute before they begin to exhaust."

Fashionable store has grand designs

Vida

IT may still be a relative newcomer, but designer store Vida has quickly become one of the most popular places to shop for those wanting to be en vogue.

Based at the Mersham-Le-Hatch Business Village in Ashford, Vida stocks a range of accessories and opened its doors at the fast-growing site in November. And with well-informed staff on hand to give valuable advice, it is growing in reputation.

Owner Margaret Bracewell explains: "I sell designer handbags, shoes, boots, leather gloves, leather belts, leather jewellery boxes, purses and scarves. All the goods are exclusive and individually sourced.

"As an independent retailer I can give individual and informed advice to each customer. All the stock is exclusive and is displayed to highlight each individual piece in its own space.



"The designer handbags sell very well, particularly the Italian company, Ripani and London firm Billy Bag.

"Customer service is vital to running a business, alongside stocking the quality of goods to suit the requirements of customers. Staff must be knowledgeable about the products. In the case of Vida, the location

and design of the shop in a beautiful historic area can only add to the success.

"The Mersham-Le-Hatch Business Village is in such a lovely setting. It's a gem of a location with some superb businesses as neighbours, such as the Secret Garden restaurant and Macknade Fine Foods to name just two."

TOP TIPS

Vida, Mersham-Le-Hatch

This spring and summer seasons' colours are bright zingy cobalt blue, fuchsia pink, brilliant red and yellow. Many of the leather goods at this year's London fashion week were in patent and metallic finishes so discard winter's gloom and shine.

Curves

Just one ounce of dark chocolate has twice the amount of anti-oxidants as red wine. Weight training is essential to burn body fat and is the shapely woman's best kept secret. Long term exercise also improves your immune system.

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price £10

DOVER SHOPPING

New shoes are a perfect summer treat for you

STEP out in style this season with shoes from Marks and Spencer.

With a collection of formal or casual footwear starting from as little as £15, shoppers will be hot footing it down to their local store.

Limited edition footwear can also be found in the Must-Haves range, with gladiator sandals and pointed toe sling-backs for £19.50.

Pop into your local store in Biggin Street, Dover or High Street, Deal to check out the selection.

Discount fashions are sure to ruffle feathers

PEACOCKS is slashing prices on many best selling items.

The clothing store is offering up to 50 per cent off 15 pieces in its current range.

Roughed sleeved V-neck tops in grey and white are now £6 down from £12, pairs of black high-waisted shorts will now cost you just £8 and a cream butterfly print top is £4. A chocolate knitted V-neck dress is another star buy at £7.

Head down to your local store on Castle Street, Dover.

Discount price books are perfect for on holiday

WHSMITH is offering up to 60 per cent off summer reads.

Chick-lit, travel guides, cookery books and autobiographies are all included.

This Charming Man by Marian Keyes, Jamie Oliver's Jamie at Home and Jeremy Clarkson's Clarkson on Cars are all at knock down prices. Other popular authors, including Robert Ludlum and Lee Child can also be found.

For details visit your store in Biggin Street, Dover or High Street, Deal.

Crime writer's latest will grip you from the start

TESCO is selling the latest novel by crime author Harlan Coben for £10.

Hold Tight looks at the devastating effects of the suicide of a teenage boy in New York State and the lengths that the parents of one of his school friends will go to to discover their son's involvement in the tragedy. Hold Tight is full of surprises, with plenty of twists and turns to intrigue the reader.

Head down to your local store in Whitfield for other deals on books.

Enjoy the drive of your life on computer game

GAME is selling the latest racer from Sony for a whiplash-inducing £19.99.

Gran Turismo 5 Prologue for the PS3 features 71 meticulously detailed cars – including vehicles by Ferrari, Audi and Nissan – for users to race on six reversible tracks from around the globe.

The game will support up to 16 players racing head-to-head online, and also features community events and leader boards for fans of the series to discover the quickest driver.

Pop down to the store in Biggin Street, Dover for more information.

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YOUR TV REVIEW



POINTS OF VIEW: ITV1's Loose Women is the perfect programme for an afternoon snooze

THE F WORD
Channel 4, 9pm, Tuesdays
LOOSE WOMEN
ITV1, 12.30pm, weekdays

BY TOM BETTS

TAKE one celebrity chef, trim off silly hat and apron and baste in his own self-confidence.

Add a cart-load of fancy ingredients, a barely capable bunch of wannabe cooks and leave to stand between commercial breaks.

Sprinkle with a handful of risqué language, bring to the boil and simmer for ten minutes then plate up, before placing in the fridge. Leave to marinate in its own arrogance for at least six weeks and serve your F Word speciale to an unwitting public.

Yes, this hour of saucy language and even saucier food has quickly become Channel Four's flagship food show and has won an army of fans.

Striding through the aisles on his way to berate a team of ordinary people like some kind of prize fighter, master of ceremonies Ramsay enters the heat of the kitchen and reminds us just why he became the phenomenon he is.

Hard, unscrupulous and not afraid to call a spade a f***** spade, our

man in the whites has returned for series four.

Even on bad form, such as the American version of the otherwise excellent Kitchen Nightmares, GR is always worthy of your attention – if only to see what poor soul trying his best he will compare to male genitalia that week.

Boiling Point, the show that catapulted Ramsey into the public eye in 1998 is still the most fascinating thing in which he's been involved, but at least here he is allowed to swear and castigate members of the public rather than desperate celebrities, which is far more fun.

If ever there was a bad title for a TV show it's the appallingly-titled, lunchtime snooze-athon, Loose Women. Here a panel of four old duffers haggle over who hates men the most then fawn over their often male soap star guests to the sycophantic cheering of the bussed in audience of blue-rinsed pensioners.

Didn't this kind of thing used to be called sexism?!

These women are far from loose, but then I guess the Man Hating Female Moan Fest doesn't sound half as good, even if it is far, far more accurate.

YOUR WEEK'S HOROSCOPE

BY RUSSELL GRANT



AQUARIUS (Jan 21-Feb 19)

YOUR reputation could take a hit this week. It's possible you promised more than you could deliver. If that's the case, you owe everyone involved an apology. Funds you were expecting may not be forthcoming. Don't be afraid to rely on others when the chips are down.

To find out more about what the stars have in store call Russell on **Aquarius** 09067-531762



PISCES (Feb 20-Mar 20)

IT'S hard to be receptive to people whose ideas are completely opposite to yours. Still, you're going to have to work alongside them. Try putting your opinions aside, at least until the job is done. You may be surprised to learn that you can actually like somebody who has a different approach.

To find out more about what the stars have in store call Russell on **Pisces** 09067-531763



ARIES (Mar 21-Apr 20)

THIS week brings some important challenges for intimate relationships. You may have some unreasonable expectations of a partner. The sooner you adopt a practical view the happier you'll be. Work might prove difficult, too. Slow and steady wins the race with regard to this matter.

To find out more about what the stars have in store call Russell on **Aries** 09067-531752



TAURUS (Apr 21-May 21)

A CLOSE partnership is showing signs of strain. One of you may be working at the expense of your personal life. The two of you will have to work hard to recover the magic that first drew you together. It may not be possible to get paid what you deserve this week.

To find out more about what the stars have in store call Russell on **Taurus** 09067-531753



GEMINI (May 22-Jun 22)

YOUR health may not be very robust right now. It's important to slow down when you start feeling tired or you could contract a low grade virus. Sometimes being true to yourself means turning away the people you love. Spending time alone can replenish your energy.

To find out more about what the stars have in store call Russell on **Gemini** 09067-531754



CANCER (Jun 23-Jul 23)

IT will take all your self-discipline to focus on work. An admirer could play hot and cold with you. You don't appreciate these tactics; you need to know where you stand. It may be wise to put some distance between you, at least until your friend gets serious.

To find out more about what the stars have in store call Russell on **Cancer** 09067-531755



LEO (Jul 24-Aug 23)

IT'S important to take a more reasoned approach with a partner who has let you down. There's a good chance that your friend is completely oblivious to the hurt he or she has caused. If you're going to restore your relationship, you need to have a calm discussion.

To find out more about what the stars have in store call Russell on **Leo** 09067-531756



VIRGO (Aug 24-Sep 23)

CURIOSITY could put you on a dangerous path. Be careful where you poke your nose, or it could get slapped. A mysterious ache could drive you to distraction. Beware of being overly harsh on neighbour who is just trying to do his best. A little compassion goes a long way.

To find out more about what the stars have in store call Russell on **Virgo** 09067-531757



LIBRA (Sep 24-Oct 23)

AN emotional attachment to possessions could create lots of heartache. At some point, you need to accept the fact that your bank balance bears no relation to your personal worth. Nagging fears could undermine your confidence. It's all a matter of adopting a positive outlook.

To find out more about what the stars have in store call Russell on **Libra** 09067-531758



SCORPIO (Oct 24-Nov 22)

YOU want to be appreciated, and that's only natural, but everyone is pretty self absorbed this week. All of your hard work could go completely unnoticed. If this happens, don't despair. Just do something nice for yourself as a reward or resentment will get the best of you.

To find out more about what the stars have in store call Russell on **Scorpio** 09067-531759



SAGITTARIUS (Nov 23-Dec 21)

RESIST the urge to play the victim. Although it feels like the world is against you, it's important to remain calm when challenged by critics. The moment you let down your guard is the time when your rivals will move in for the kill. Your boss expects more of you than others.

To find out more about what the stars have in store call Russell on **Sagittarius** 09067-531760



CAPRICORN (Dec 22-Jan 20)

GOING along with the crowd may not be the best idea. Although you want to be liked by your peers, you can't help feeling they're on the wrong track. Forging your own path could hurt people's feelings, but that can't be helped. Give yourself time to rethink, plan again, and then move on.

To find out more about what the stars have in store call Russell on **Capricorn** 09067-531761

Calls cost 75p per minute. Service provided by g8wave London N7

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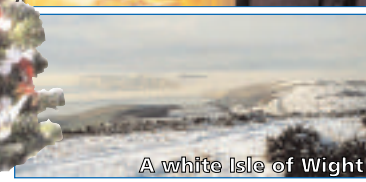
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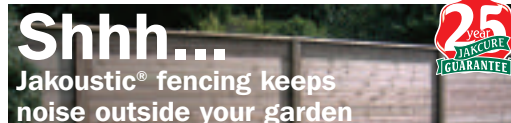
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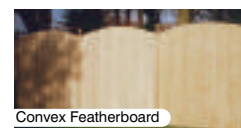
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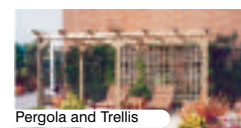


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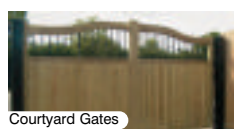


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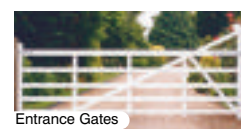


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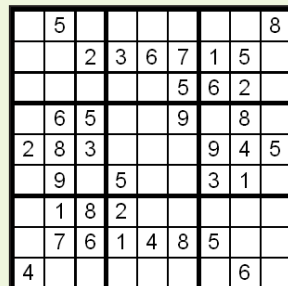
CROSSWORD & SUDOKU

No37

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Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9

EASY



MEDIUM



HARD



CRYPTIC CLUES

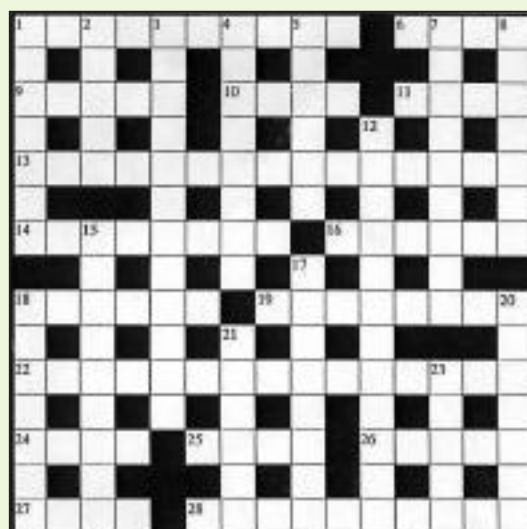
ACROSS

- 1 Opposite features, couple reportedly included (4-2-4)
- 6 Freezer once held nothing (4)
- 9 Vessel in annexe becalmed (5)
- 10 Boss elephant did not start (4)
- 11 Bill concerning area of land (4)
- 13 I'll show eighteen round while making things run smoothly (6,3,6)
- 14 Get even with (8)
- 16 Small company utilise Liverpoolian (6)
- 18 Silver found in new boot on island (6)
- 19 Angry when her colic developed (8)
- 22 Don't eat off this every day (10,5)
- 24 Marco's game (4)
- 25 Nameless soon (4)
- 26 Bear has book on bankruptcy (5)
- 27 Ride, say, from island resort (4)
- 28 I name elastic that's unyielding (10)

DOWN

- 1 Reynard should be at home here (7)
- 2 Accountant, graduate left small party (5)
- 3 Scientist got in clothes, dishevelled (12)
- 4 Sue Croft removed fruit-sugar (8)
- 5 Might horseflies be caught in it? (6)
- 7 Poor Rex accepted payment from treasury (9)
- 8 Where bishop is to supervise (7)
- 12 Pretty romantic food container (9-3)
- 15 Straightened up having removed one's sandals (9)
- 17 Little bits of shell removed from Len's harp (8)
- 18 Scouts hesitantly find one swearing? (7)
- 20 This Parisian tends to be included during purge (7)
- 21 Take part of Joseph that's trendy and in fashion (4,2)
- 23 Indistinctness of second-class book-jacket's contents (5)

SCRIBBLE HERE



QUICK CLUES

ACROSS

- 1 Writing materials (10)
- 6 Scare away (4)
- 9 Civet (anag.) (5)
- 10 Undulating (4)
- 11 Swelling on eyelid (4)
- 13 HC (6,9)
- 14 Muckiest (8)
- 16 Spout (6)
- 18 Blazer (6)
- 19 Leave behind (8)
- 22 Royal official (4,11)
- 24 Rainbow goddess (4)
- 25 Leave shore (4)
- 26 Hertfordshire town (5)

- 27 Philosophic meditation (4)
- 28 Cut of beef or pork (10)

DOWN

- 1 Boiled (7)
- 2 Dropping from a team (5)
- 3 Mental brightness (12)
- 4 TV bulletin (8)
- 5 Patch up (6)
- 7 French Riviera (4,5)
- 8 Foot-lever (7)
- 12 Protester (12)
- 15 Registering (9)
- 17 Prevaricated (8)
- 18 Gaiety (7)
- 20 King-pin (anag.) (4,3)
- 21 Front (6)
- 23 Spanish friend (5)

LAST WEEK'S SOLUTIONS

SUDOKU SOLUTIONS No36

EASY



MEDIUM



HARD



CRYPTIC SOLUTION No36

ACROSS: 1 Libra 4 Suspense 8 Know one's onions 10 Fisherman 11 Doric 12 Noel 13 Quietism 17 Giftwrap 18 Kelp 22 Gruff 24 Caretaker 25 Juice extractor 26 Gladstone 27 Tardy. DOWN: 1 Like fun 2 Bookshelf 3 Azores 4 Steamy 5 Scornful 6 Evildoer 7 Sonar 9 Scam 14 Ice-skater 15 Two-faced 16 Ranchero 17 Gaga 19 Portray 20 Write 21 At last 23 Usual.

QUICK SOLUTION No37

Jolly 20 Pink gin 21 Facade 23 Arrango. Demonstration 15 Recording 17 Quibbled 18 Revamp 7 Clue d'azur 8 Treadle 12 27 Yoga 28 Tenderloin 24 Hats 25 Sail 26 Tring Lord Chamberlain 24 Hats 25 Sail 26 Tring 22 Dirty 16 Nozzle 18 Jacket 19 Outstrip 22 Wavy 11 Syle 13 Highly commended 14

Answers to all of this week's quizzes can be found on our website

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yourgetaways

Try unadulterated luxury

■ BY TOM MASTERS

ON the elegant Seabourn Spirit, we sailed the seas for 17 magical days from Alexandria to Dubai – and found out exactly why this ship is rated among the top six cruising experiences in the world.

Even professionals, captains of industry and international businessmen slow down eventually to enjoy the fruits of successful careers. On the three Seabourn ships – three more join its tiny fleet in 2009-11 – they readily pay £300 per person per day, often more, for something pretty special.

Weighing barely 10,000 tonnes, the Spirit feels more like a megayacht carrying an exclusive party than a superliner.

Carrying just over 200 passengers, Seabourn ships have cornered a niche cruise market dedicated to pure, unadulterated luxury and unbeatable service standards. Yet Seabourn belongs to Carnival, the biggest cruise company in the world, which also owns the P&O and Cunard lines.



SPARKLING SEA: The Seabourn Spirit offers the experience of a lifetime

Queuing has been quashed, the irritating business of having to sign for everything delicately set aside, tipping disregarded altogether.

All food, drinks and gratuities are included in the price, so, if you feel decadent, you can have champagne and caviar served poolside every afternoon.

From the moment we boarded Seabourn Spirit in Alexandria (after a rather lengthy coach drive from Cairo) we were indulged

down to the last detail.

There are no cabins on these yachts, just suites.

Here we found every comfort – it was spacious and glamorous, with a marble-clad bathroom and walk-in closet, for those who don't travel light and like to pack a few little extras 'just in case', plush cotton robes and fine Egyptian linen. Add to that crystal glasses, complimentary fine wines, exotic fruit and fresh flowers.

With a 160-strong crew to look after 200 passengers, the level of personal service is stunning.

Nothing was too much trouble and their genuine enthusiasm for the part they played in life was refreshing. We boarded mid-afternoon and by the next morning we were impressed to be greeted by name by every crew member we met on our way to breakfast.

Most Seabourn guests are well-seasoned cruisers and experienced travellers – and they enjoy dressing up. The daily bulletin advises the dress code for each day, between casual, semi-formal or black tie.

The shore excursions, while fascinating, could be expensive, but they were once-in-a-lifetime opportunities; Petra, a nine-hour trip from Aqaba, Jordan, cost \$199 per person and The Valley of the Kings was a two-day, one-night trip from Safage, Egypt and cost \$829.

If you don't fancy the trek it can be just as much fun to enjoy a near-empty ship while others go ashore.

Along the way the ship visited Aqaba, Salalah, Khasab and, finally, Dubai.

On our final day, one passenger reflected: "The only way to stay cheerful at the end of a cruise is to reflect that it won't be too long before you are back on board."

FACT FILE: EGYPT

Time difference	UK +2 hour
Capital	Cairo
Population	80.3million
Currency	Egyptian pound (10.4 to £1 approx)
Religion	Muslim
Climate	Desert
Language	Arabic

Holiday details

Tom Masters was a guest of Yachts of Seabourn, which offers the 17-night Alexandria-Dubai voyage in November 2008 from £5,894.50 per person, (two sharing A3 Grade Seabourn Suite). Seven-night Barcelona-Nice voyage from July 12, 2008 starts at £2,567.50 per person incl all tips and gratuities, fine dining, open bar and fully-stocked mini bar, plus one Exclusively Seabourn shore experience. Prices are cruise-only though Seabourn can help with flights and transfers. Seabourn reservations: 0845 070 0500 and www.seabourn.com.



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PROPERTY NEWS

Indulge is icing on homebuyers' cake

HOMEBUYERS looking for a boost can take advantage of £1,000 of "indulgences" if they chose a new property from Redrow.

The developer is giving customers the chance to enhance their home with complimentary upgrades.

The offer extends to reservations made before this Sunday and comprises £1,000 to spend on items from Redrow's 'Indulge' collection.

Simon Bennett, group marketing director, said: "Our Indulge promotion is the icing on the cake and provides customers with something extra."

"They can use their voucher towards lots of different things, from integrated appliances for their fitted kitchen to granite worktops, ceramic flooring, a stylish fireplace or luxury carpets throughout their new home."

"We think people are fed up of hearing only doom and gloom about the housing market."

"There are still people who need or want to move and we are doing our best to help them."

"Our 'Re:assure' package already offers a range of help, advice and incentives, such as mortgage subsidies, part-exchange, help with stamp duty and legal fees, furniture packs or carpets."

The greener way to a warm feeling

THOSE looking to buy property with good energy-saving efficiency should cast an eye over the heating and plumbing system.

This could be as important as eco-friendly lightbulbs when it comes to protecting the environment.

Danny Davis, a senior technical engineer for the Institute of Plumbing and Heating Engineering, said condensing technologies, which generate more heat for less energy, should appeal to green-minded consumers.

He said: "Energy-conscious consumers would certainly be attracted to a house incorporating both energy and water-conserving technologies over a similar house without such measures."

Condensing technology makes boilers at least 10 per cent more efficient than traditional ones.

Since April 2005 it has been a legal requirement for new boilers to comply with a Seasonal Efficiency rating.



Picture: PHIL HOUGHTON

SLIGHTLY WOODEN: The traditional image of the shed as a man's cluttered refuge from the world no longer holds true in the post-credit squeeze environment

It's time for stylish sheds to come out of the closet

FROM humble beginnings, the garden shed has become a must-have accessory for the post-credit crunch property holder.

Traditionally a ramshackle affair which men used as a retreat and a place to pursue hobbies, the shed can now be anything from an outsourced office to a cocktail bar or a gymnasium.

And at a time when extending your home is a risk because of the sell-on value, a shed is far less

■ BY NICK AMES

expensive – and a buyer can turn it into their own particular favourite place at the bottom of the garden.

Estate agents claim houses with sheds are getting more interest from prospective buyers – especially when the building is linked to mains electricity and can be used as a handy place to install a computer.

One analyst said: "The shed has always been regarded as a refuge

for the man of the house and to some extent that is true.

"But the old image of a place full of old garden equipment is not the case now."

"I have seen sheds with espresso machines in them, even flatscreen TVs with DVD players."

"At a time when space in the home is important and value for money is everything when it comes to a sale, a place which is far cheaper in cost than an additional room is very attractive."

"While a purpose-built gym might sell a house to a keep fit fanatic, a gym in a shed which can

be turned into a cocktail bar or a laundry room or freezer store is attractive to all."

And for those working "out of the shed" it has a good pedigree.

Dylan Thomas wrote in a shed, while George Bernard Shaw worked on plays in a shed which could be rotated during the day to follow the course of the sun.

Police have also noticed the greater use of sheds – through an increase in burglaries.

Officers and insurance companies say sheds should be secured and fitted with an alarm if they contain anything of value.

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WALMER £159,995

DEAL OFFICE

BDP02720

- Cul-De-Sac Location
- 2 Bedrooms
- No Chain



LYDDEN £169,995

DOVER OFFICE

BDP02632

- Rural Location
- 3 Bedrooms
- Osp & Private Rear Garden



FOLKESTONE £239,995

FOLKESTONE OFFICE

HFP02334

- Stunning Family Home
- Very Large Bedrooms
- Got To Be Seen



DOVER £115,000

DOVER OFFICE

BDP02734

- One Bedroom
- Lift & Stunning Views
- Direct Sea Views



WHITFIELD £149,995

DOVER OFFICE

BDP02389

- Two Bed Family Home
- Must Be Seen
- Osp & A Garage



DOVER £189,995

DOVER OFFICE

BDP02290

- 4 Bedrooms
- Family Home
- Popular Location



FOLKESTONE £132,500

FOLKESTONE OFFICE

HFP02013

- Super 2 Bedroom Top Floor Flat
- Balcony
- Views Over Radnor Park



FOLKESTONE £150,000

FOLKESTONE OFFICE

HFP02482

- 2 Bedroom Purpose Built
- Garage At Rear
- Central Location, No Chain



DOVER £119,995

DOVER OFFICE

BDP02667

- 2 Beds
- Completely Refurbished
- No Chain



WHITFIELD £147,950

DOVER OFFICE

BDP02688

- Sought After Location
- Two Bedrooms
- Garage



FOLKESTONE £99,995

FOLKESTONE OFFICE

HFP02306

- Lovely Ground Floor Apartment
- Own Garden Approx 70ft
- Perfect First Time Buy



FOLKESTONE £139,950

FOLKESTONE OFFICE

HFP02520

- Well Presented 2 Bedroom Home
- Central Heating, Double Glazing
- Modern Fitted Kitchen



HYPHE £159,995

FOLKESTONE OFFICE

HFP01196

- Superb One Bed Apartment
- In Heart Of Hythe's Town Centre!
- No Chain, Offer Today



COLDRED £249,995

DOVER OFFICE

BDP02632

- Rural Retreat!!
- Garage & Osp
- No Chain!!



ELVINGTON £144,995

DOVER OFFICE

BDP02755

- Stunning Home
- Conservatory & Osp
- No Chain!!



FOLKESTONE £119,995

FOLKESTONE OFFICE

HFP2492

- Two Bedroom Flat
- Town Centre Location
- Renovated & No Chain



FOLKESTONE £139,995

FOLKESTONE OFFICE

HFP02554

- Spacious 2 Bed Terraced
- 2 Reception Rooms
- Gch & D/ Glazing



WEST END £199,995

FOLKESTONE OFFICE

HFP02558

- Superb 2 Bed Garden Flat
- Lovely Location With Garden
- Access To Cliff Top Walks

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ASHLEY

£195,000

DOVER OFFICE

BDP02679

- Rural Location
- 3 Bedroom
- No Chain



CAPEL LE FERNE

£264,995

FOLKESTONE OFFICE

HFP02524

- Four Bedroom Semi Detached
- Stunning Sea Views
- Large Garden, No Chain



FOLKESTONE

£269,995

FOLKESTONE OFFICE

HFP02507

- Spacious 2 Bedroom Flat
- Well Presented Throughout
- Sea Views, No Chain



DOVER

£174,000

DOVER OFFICE

BDP02564

- 3 Bed Semi Detached
- Sunny Rear Garden
- Elms Vale Location



DOVER

£169,000

RIVER OFFICE

BDP02749

- 2 Bed Deluxe Apartment
- Over Two Floors
- Roof Terrace, No Chain



WEST END

£214,995

FOLKESTONE OFFICE

HFP02551

- Spacious 2 Bedroom Apartment
- 2 Receptions, Balcony
- Excellent Condition, No Chain



FOLKESTONE

£228,995

FOLKESTONE OFFICE

HFP02342

- Good Sized Family Home
- Four Bedrooms
- Large Kitchen Sep Utility



FOLKESTONE

£229,950

FOLKESTONE OFFICE

HFP02297

- Three Double Bedrooms
- Lounge/ Diner, En-suite Bathroom/WC
- Shower Room, Kitchen B/ Fast Room



DOVER

£205,000

DOVER OFFICE

BDP02540

- 4 Bedroom Semi Detached
- Channel & Continent Views
- Brick Built, Modernised Throughout



WHITFIELD

£250,000

DOVER OFFICE

BDP02355

- 4 Bed Detached
- Twin Garages
- Must Be Seen



FOLKESTONE

£214,995

FOLKESTONE OFFICE

HFP02449

- 3 Bedroom Family Semi
- 2 Receptions, Fitted Kitchen
- 130' Garden, No Chain



DEAL

£319,950

DEAL OFFICE

BDP02188

- Period Victorian 5 Storey Townhouse
- 5 Bedrooms
- Self Contained Basement Flat



DOVER

£117,000

DOVER OFFICE

BDP02710

- Two Bedrooms
- Kitchen/ Breakfast Room
- Light & Airy Accommodation



FOLKESTONE

£215,000

FOLKESTONE OFFICE

HFP02376

- Lovely/ Stunning Apartment
- Town Centre Location With Parking
- Large Rooms, Lift Service

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**Hythe Price Guide £425,000**

A unique period property dating back to circa 1800 with later additions to create a well proportioned six bedroomed house located in a position opposite the Royal Military Canal and within easy walking distance of the seafront and Hythe High Street.

**Folkestone (West End) Price Guide From £360,000**

Two quality attached grade two listed newly renovated residences converted from a former substantial house retaining many character features yet having the benefit of a 10 year NHBC. Close to Folkestone West railway station, one of the proposed high speed rail link stations for 2009.

**Seabrook Price Guide £349,995**

A recently refurbished substantial family residence having a large rear garden backing directly onto the Royal Military Canal and within level walking distance of the seafront. Viewing essential.

**Dymchurch Price Guide £250,000**

A well presented and extended four bedroomed detached bungalow residence situated in a cul-de-sac location within easy reach of Dymchurch's sandy beaches. Viewing highly recommended.

**Hythe Price Guide £249,995**

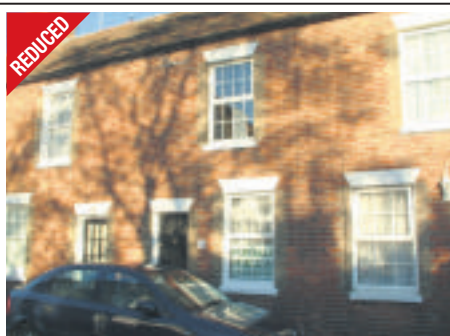
A well presented two bedroomed semi-detached bungalow residence with conservatory/sun room and panoramic views across the town to the English Channel. No chain.

**Hythe Price Guide £205,000**

A beautifully presented two bedroomed semi-detached residence situated between the town centre and seafront. Sitting room, kitchen/dining room, conservatory, cloak room, shower room/wet room, gas heating, double glazing. Viewing highly recommended.

**Sandgate Price Guide £185,000**

A rare opportunity to acquire a character two bedroomed garden apartment set in a Grade II listed building having a communal garden area backing directly onto the promenade. Beautifully presented. No chain.

**Hythe Price Guide £169,995**

A two bedroom period cottage located in a convenient position just off Hythe High Street. The property has been recently updated and renovated to provide accommodation over two floors including two reception rooms, two bedrooms, modern bathroom, gas central heating and double glazing. No chain.

**Hythe Price Guide £145,000**

A well presented one bedroomed first floor apartment for the over 55's close to Hythe's seafront. Viewing highly recommended. No chain.

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DYMCHURCH

Outstanding period home in convenient location for beach and shops. Offered in impeccable order with extensive living accommodation and further large outbuilding, parking provision and mature gardens. 5 Bedrooms, 3 reception rooms, luxury kitchen/breakfast room, several en-suites and family bathroom. Viewing highly recommended.

GUIDE £490,000



ST. MARY'S BAY

Tucked away in a private corner position this detached 2 bed bungalow has views across open fields with large garden to complement. 2 bedrooms, living room with unique mezzanine floor, fitted kitchen, bathroom. Excellent order, plenty of parking. Ideal for retirement.

GUIDE £204,995



HYTHE

Located on the outskirts of Hythe with views across the boating lake. 2 large double bedrooms, modern kitchen, bathroom and living room. Corner plot with large garden. Home office, utility and work room. Chain free sale.

GUIDE £219,995



BRENZETT

One bedroomed bungalow in semi-rural location within travelling distance of Ashford. Open fields all around. Accommodation comprises large living room, kitchen, bathroom and shower, sep. utility store. Garden to front.

GUIDE £134,995



ASHFORD

Delightful town centre Victorian home with many original features. 3 Bedrooms, 2 reception rooms, modern, well equipped kitchen. Bathroom. Long rear garden, excellent order. Internal viewing highly recommended. Close to town and BR station.

GUIDE £199,995

Semi Detached 1930's Character Property

Ground floor shop: Large Reception 15'6" x 10'0" + Bay Window, a down stairs toilet 4'x 4'7", Treatment Room 14'10" x 9'8" with Patio Door to 160ft long garden. Parking space for up to four cars, presently running as beauty salon (not included in sale) on a busy main road.

Selling Price & Tenure

Selling Price 1: £255,000

Business Details: Presently running as beauty salon (not included in sale) but negotiable.

Annual T/O 25-30k (Open 3.5 days p/w)

Business Details: Ground floor shop: Large Reception 15'6" x 10'0" + Bay Window, a down stairs toilet 4'x 4'7", treatment Room 14'10" x 9'8" with Patio Door to a 160ft long garden. Parking space for up to four cars, presently running as beauty salon (not included in sale) on a busy main road.

Accommodation Details

Is accommodation included with this business: Yes

Number of bedrooms: 2 doubles

Accommodation Details: 1930 Character Property, in good order throughout.

Upstairs: Bathroom 5'6" - 5'0", Separate toilet 4' x 3'6", large lounge / diner 15'6" x 12'9", Bed(1) 14'10" x 9'8", Bed(2) 11'5" x 7'5" and kitchen 10'10" x 7'5", fully equipped + Bay Window (down stairs).

Outside: 1 Outbuilding 9'10" x 6'0" and 1 Wood Shed 12' x 9" (optional). Partially boarded Loft potential for extension.

Location Details

Town: Kennington

Area: Kent

Location Details: Property is in a two mile radius of Ashford centre close to Ashford International Station, bus routes, schools, 5min to M20 / J9 and 5min to Eureka Leisure Park.

Contact Details

Vanessa: 07769626760



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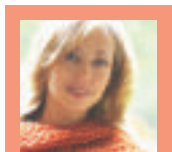


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WOMEN'S SPOTLIGHT

TWO LIPS FROM AMSTERDAM!

I'm a tall, blonde half-Dutch woman, 27, love swimming, power-walking and music, festivals! Looking for a lovely man with GSOH, for something special! Box 893230 **1**

ANOTHER GLASS?

28yr old female, long blonde hair, blue eyes, 5'10", slim, attractive, GSOH, love evenings out/in with wine, seeking similar gent to fall in love with! Box 440218 **1**

TAKE ME OUT

Fun, flirty female, nearly 30, petite with dark hair, bored of being single, seeking someone to take me out and show me a good time. Box 895349 **1**

ALL IN GOOD TIME

Tall, black, pretty female, 31, new to the Chatham area, loves watching football, shopping, travel; seeking tall, white, loving male 34-47 for LTR. Box 437776 **1**

R U THE 1?

Outgoing, funny, young-looking female, 34, 5'6", brown hair/eyes, Tonbridge. Seeking caring, loyal male for friendship, leading to more. Box 433107 **1**

TRY NEW THINGS

Mum of 1, I'm 5'10, blonde hair, slim, young looking, 34yrs old, I'm caring, honest, with a GSOH. I like keep-fit, cinema, dancing, days out. Box 893549 **1**

THE GENTLE LADY

Easygoing female with GSOH, 36, enjoys many things - going out, staying in, seeking a nice, genuine guy for lots of love and laughter. Box 437913 **1**

ROMANCE IS ALIVE

Divorced, lively mum, 35, GSOH, I enjoy time with my family and friends, cinema, good food, beach walks, seeks male for honesty, love and romance. Box 813930 **1**

DON'T PASS ME BY

Cute, single mum, 43, 38yrs old, Kent based, into most things, looking for friendship or possibly romance. Box 897983 **1**

YOUNG-AT-HEART

Attractive 38yr old female, dark brown hair, blue eyes, curvy physique, likes days out, music, concerts, cinema, walking, cycling, seeks loving, fun male, for friendship/relationship. Box 901893 **1**

ROUND TWO

41yr old female, separated with 3 children, medium build, dark hair, seeking a male to share life with again who enjoys socialising, cinema, music and holidays! Box 437639 **1**

YOU'LL SMILE IF YOU DIAL

Bubbly 40yr old female, enjoys beaches, pubs, clubs, WLTW a like-minded, caring male to share fun times with. Box 435102 **1**

SWEET CAROLINE

Caroline, 42, single mum, likes having fun, eating out, wine bars, swimming, looking for someone for something meaningful. Box 430952 **1**

WORTHY, COMPASSION, TRUTH, KINDNESS

Sanna, 49, 5'8", medium build, blonde, green eyes, I like cinema, drinks, beach walks, countryside, POI, concerts, seeking similar male for lasting love and happiness. Box 892450 **1**

LAUGHTER, THE BEST MEDICINE

Help me write my stand-up comedy routine! I'm 49, you'll need to make me laugh out loud and understand observational comedy to make the grade. Box 892640 **1**

ALL THAT I NEED

Young-looking, slim, attractive female, 48, fun-loving, outgoing, N/S, GSOH, love music, holidays, going out, staying in, seeking similar man, 42-50, Aylesford. Box 428833 **1**

DIG DEEPER

Genuine, friendly female, 49, likes tall, gardening, nights in/out, seeking genuine, friendly male, 45-55, Dover Box 435441 **1**

TAKE A CHANCE

Hard-working female, 41, 5'4", bubbly, independent woman, love to laugh, socially, with friends, looking for independent man who values TLC. Box 441456 **1**

AS NICE AS CAN BE!

44yr old female, dark hair, brown eyes, 5'6", fun-loving, love socialising, cinema, chilling out, seeking a similar male to fall in love with. Box 439885 **1**

READ ALL ABOUT IT

Petite, sincere woman, 44, wavy blonde hair, blue eyes, size 10, loves beach walks, animals, DIY, swimming, travelling, WLTW N/S man to share things with. Box 429862 **1**

SANDY SEEKS DANNY

Slim, petite Sandy, 46, brown hair, green eyes, no ties, loves socialising, eating out, GSOH, seeking trustworthy, honest man for partnership. Box 440100 **1**

ON A PLAT

Caring, honest 46yr old female, 5'2", eyes of blue, redhead. Likes cinema, theatre, walking, WLTW male for friendship. Box 895928 **1**

SOFIA SO GOOD!

46yr old female, small and slim, brown hair with hazel eyes, likes music, films, animals, days out and snuggling on the sofa, seeking similar male. Box 893596 **1**

BOWL A MAIDSTONE OVER!

Kind, loving female, 44, blonde, 5'4", medium/curvy build, likes reading, live music, countryside, walks, seeks similar, adventurous male for happy times together. Kent. Box 893946 **1**

LAST CHANCE?

Lively, understanding female, 51, large build, WLTW genuine, loving male, 46-58, for lasting, loving relationship. Faversham. Box 399271 **1**

KEEP DANCING!

Bunnet lady, 61, looking for a LTR, friendship first, any age considered. Interests: dancing walking, socialising, cuddling! Margate. Box 432246 **1**

LOVING

Genuine female, early 60s, tall, slim, modern, young thinking, very adaptable to people, own house, loves animals, walking and eating out. Box 440052 **1**

RED OR WHITE?

40-year-old gay woman, likes nice wine, candlelight, the sea, passionate people and places, muddy walks and cosy nights in, WLTW gay woman for friendship/relationship. Seaford. Box 895451 **1**

SENSUAL HEALING

49 years young female, genuine, 5'10, medium build, blonde, looking to meet sensual, feminine lady, up with great future, for sensual fun. Box 438851 **1**

LET'S TAKE A RIDE

Hi, I'm Laura, 47, friendly, honest, love motor-biking, WLTW gentleman interested in bikes, walks, holidays, the countryside, museums, castles and perhaps love! Box 440397 **1**

LOVE CANNOT BE BOUGHT

Happy, fit, youthful 48yr old single mum, OHAC, very good sense of humour. Likes all the normal social things. Very honest. Seeking sincere, stable, solvent man. Box 895929 **1**

JUST IMAGINE

Petite, brunette, bubbly, friendly, easygoing single mum, 49, enjoys cinema, eating out, socialising, most things. WLTW genuine male, to see where life takes us! Box 893562 **1**

WORTHY, COMPASSION, TRUTH, KINDNESS

Sanna, 49, 5'8", medium build, blonde, green eyes, I like cinema, drinks, beach walks, countryside, POI, concerts, seeking similar male for lasting love and happiness. Box 892450 **1**

LAUGHTER, THE BEST MEDICINE

Help me write my stand-up comedy routine! I'm 49, you'll need to make me laugh out loud and understand observational comedy to make the grade. Box 892640 **1**

ALL THAT I NEED

Young-looking, slim, attractive female, 48, fun-loving, outgoing, N/S, GSOH, love music, holidays, going out, staying in, seeking similar man, 42-50, Aylesford. Box 428833 **1**

DIG DEEPER

Genuine, friendly female, 49, likes tall, gardening, nights in/out, seeking genuine, friendly male, 45-55, Dover Box 435441 **1**

TAKE A CHANCE

Hard-working female, 41, 5'4", bubbly, independent woman, love to laugh, socially, with friends, looking for independent man who values TLC. Box 441456 **1**

AS NICE AS CAN BE!

44yr old female, dark hair, brown eyes, 5'6", fun-loving, love socialising, cinema, chilling out, seeking a similar male to fall in love with. Box 439885 **1**

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SENSUAL HEALING

49 years young female, genuine, 5'10, medium build, blonde, looking to meet sensual, feminine lady, up with great future, for sensual fun. Box 438851 **1**

KENT CALLING!

Hi, I'm kind, caring, attractive lady, 53yr young, 5'7", brown hair/eyes, GSOH, enjoy walks, reading, travelling etc, WLTW tall, considerate man for friendship, possibly LTR. Box 439240 **1**

GIVE & TAKE THE FUN & GAMES...

Hi, I'm 54, 5'6", size 12-14, a nurse, enjoy long walks, seeking a man to put some fun in my life as I will his... Box 440052 **1**

THE UNIVERSITY OF LOVE

Hi, I'm 56, 5'6", large build (working on that!), fun-loving, well educated, like the outdoors, walking my dogs, seeking intelligent man to share life with. Box 440435 **1**

LIKES THE NICE THINGS IN LIFE

Divorced female, 50's, 5'10, own home, great job and friends, likes to keep fit, hobbies include shopping, cooking, dining out, theatre/cinema, holidays, seeking friendship and more. Box 434901 **1**

COUNTRY LOVE

Partially disabled 58yr old country woman, 5'5", fairly attractive, enjoys gardening, home life, WLTW country loving man for company and possibly LTR. Box 439065 **1**

CHOOSE ME?

Caring female, 57, enjoys family-life, car-boot sales, going out, beach walks, looking for male, 55 plus, for true love. Box 374945 **1**

JOINT ADVENTURES

Looking for a fun, spontaneous, easygoing lady, with a GSOH, I'm 38, honest and loyal. Helen, aged 46, please call with number. Box 426701 **1**

WAYNE'S WORLD

Wayne, 41, 5'11", dark hair, blue/green eyes, likes walks, restaurants, cinema, seeking honest, loyal, loving, tactile, feminine, mix who likes dancing, fun and sharing life... Box 412592 **1**

TRY ME

Good-looking male, 39, 5'10", dark hair, green eyes, slim/toned, 12st, seeks curvy, feminine female, to share laughter and happiness. Box 161461 **1**

WHAT YOU SEE IS WHAT YOU GET

Hi, I'm 40, great personality, mad SOH, divorced, own business, very caring and honest, passionate guy looking for a similar woman. Box 892156 **1**

THIS IS MY FIRST TIME, BE GENTLE

Hi, I'm 52, 5'7", easygoing, looking for friendship and maybe more in a woman 30-50, someone to talk to and keep me company. Sussex. Box 435580 **1**

LIKE A DREAM

Intelligent male, 43, 5'9", GSOH, OHAC, slim, enjoys meals out, travel, good wine, socialising, seeks sincere, attractive female, 28-40s, for initial friendship, fun, hopefully more. Box 431013 **1**

STROLLS ALONG THE BEACH

Hi I'm Richard, 43, dark hair, blue eyes, 5'8", medium build, very loving, like holidays, cinema, music, restaurants, beaches; seeking female 34-57 for love & relationship. Box 440300 **1**

NOT MUCH TO ASK

43-year-old, single man, 5'10, slim, N/S, from N Ireland, love walks, conversation, socialising, seeking female 45-55, caring, looks unimportant, for possible loving future. Box 438291 **1**

VEGETARIAN

44yr old sociable, single dad, tall, fit, black hair, love cooking, countryside, animals, looking for a caring and loving female, GSOH for friendship and LTR. Box 434684 **1**

LOOKING FOR LOVE

Genuine, caring male, 43, 6'11", N/S, own home/car, varied interest. WLTW caring female, 37-45, for friendship and possible long-term relationship. Box 732087 **1**

LOOK NO FURTHER

I'm Tom, 44, blue-eyed, slim, 5'8", a single dad of 1 from Eastbourne, I like swimming, motorbikes, clubs, having fun and I'm looking for love! Box 384758 **1**

ATTRACTIVE

Busy lady, 52, 5'8", blonde, size 12 enjoys good food/wine, theatre, countryside, holidays, seeking a sincere, genuine female, for friendship first, possibly relationship Box 414143 **1**

WILL SPOIL YOU ROTTEN

48yr old German male, 6'10", looking for a nice, tall, medium build open-minded female to spoil and fall in love with. Dover. Box 440357 **1**

LOOK FORWARD TO HEARING FROM YOU

47yr old male, 5'11, brown hair hazel eyes, medium build, active, likes football, clubs, pubs, cosy nights in, seeking witty, caring, trustworthy female. Box 437263 **1**

LIVELY UP YOURSELF

Sincere, kind-hearted, passionate, black male, 46, 6'1", loves life, meals out, socialising, WLTW like-minded, fun-loving female for great times together. Box 397808 **1**

GOOD FUN

From Kent, a horny driver, 5'8", stocky, blue eyes, WLTW happy-go-lucky females 25-45 for social pleasures and see what happens! Box 440431 **1**

SOCIAL NICETIES

Peter from Kent, a horny driver, 5'8", stocky, blue eyes, WLTW happy-go-lucky females 25-45 for social pleasures and see what happens! Box 440431 **1**

TENDER LOVING CARE

Easygoing divorced guy, 46, Enjoy health clubs, keep-fit, walks, cinema, animals. I'm broad with green eyes, looking for caring, loving, affectionate woman for friendship, hopefully LTR. Box 418233 **1**

PUPPY LOVE

Dog-loving guy, I'm 47, 5'8", with short hair/green eyes, slim. I love gardening, country walks, sports - football/basketball, DIY, animals. Box 428800 **1**

TAKE IT AS IT COMES

Hi I'm 48, have a GSOH, love having fun and laughter, seeking tall, attractive female 45-48 for friendship leading to a relationship Box 436435 **1**

FIT THE BILL?

Very active male, 48, 5'10", short-haired, works hard, plays hard, loves clubs, pubs, beaches, cosy nights and holidays, WLTW female, 16-45 with spice for life! Box 437812 **1**

PASSION FLOWER

Slim, single Scorpio male, 48, intelligent, warm with a wicked SOH, considerate, honest, passionate guy looking for a similar woman. Box 892156 **1**

THIS IS MY FIRST TIME, BE GENTLE

Hi, I'm 52, 5'7", easygoing, looking for friendship and maybe more in a woman 30-50, someone to talk to and keep me company. Sussex. Box 435580 **1**

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LOOK NO FURTHER

I'm Tom, 44, blue-eyed, slim, 5'8", a single dad of 1 from Eastbourne, I like swimming, motorbikes, clubs, having fun and I'm looking for love! Box 384758 **1**

WHY WAIT?

Clean shaven, happy male, 45, stocky build, 5'10", smoker, single dad, blue eyes, looking for friendship/companionship, leading to a LTR. Hailsham Box 409782 **1**

WILL SPOIL YOU ROTTEN

48yr old German male, 6'10", looking for a nice,

MOTORS NEWS



Weekend will be a real money-saver for drivers

WITH fuel prices exceeding a record £5 per gallon, Kent BMW dealers are staging an EfficientDynamics Open Weekend (31 May/1 June) where drivers of all car makes and models can get a free check-up that could save them up to £120 a year.

Bookings can be made via www.bmw.co.uk and 'EfficientDynamics' – BMW's shorthand for simple money savers, but it also stands for new BMW technologies such as Start/Stop and Brake Energy Regeneration on new BMW models like the BMW 118d pictured, saving up to £520 a year.



Cyclists get Grand help in French charity ride

MOTOR power from Canterbury Chrysler, Jeep and Dodge dealer Dutton Forshaw boosted pedal power on the fifth annual Lady Mayoress' Charity Cycle Ride from Calais to Arras.

The Broad Oak Road dealership supplied a Chrysler Grand Voyager support vehicle 40 cyclists raising funds for The Paula Carr Trust and Save Canterbury Cathedral Appeal.

Pictured left to right are: Dutton-Forshaw dealer principal Lynne Kennard and site receptionist Hannah Main, Canterbury Mayoress Lesley Windsor and Canterbury City Council officer Angela Furlong.



Adam becomes expert dealer number three

ASHFORD Motorline Renault executive Adam George, 23, has gained Motability accreditation (pictured) enabling him to give industry-recognised advice to disabled customers.

Adam, from Woodchurch, becomes the Hilton Road site's third Motability specialist able to help customers or nominated drivers to find the right model to suit their needs or guide them to converters who can carry out necessary adaptations on the cars.

"I'm really pleased I now have Motability accreditation," he said.



LOOKER: For a car where space is a priority, the 207 SW also looks chic with raked rear pillar and aluminium roof rails complementing lines derived from one of the market's sharpest looking superminis

Peugeot 207 SW says 'vive la MPV difference'

PEUGEOT has thought 'outside the box' on the MPV phenomenon.

While sister brand Citroën embraced the concept wholeheartedly, Peugeot avoided the typical 'one-box' MPV design and evolved its own 'space/sports wagon' or SW approach.

OK, you might dismiss our 207 SW test model as an estate car on steroids, but this offers almost everything a small MPV does except a higher driving position while delivering the benefit of car-like driving manners – something few MPVs can boast.

For a car where space is a priority, the 207 SW also looks chic with its raked rear pillar and aluminium roof rails complementing lines derived from one of the market's sharpest looking superminis.

And where Peugeot interiors sometimes failed to match the exterior, the 207 range marked a major change; the 207 SW's cabin is a genuinely pleasant environment, no doubt helped by the huge 'Cielo' full-length glass roof that comes as standard.

Plastics are attractive and durable; the neat gauges have chrome bezels on the higher grade Sport models and there is a lot of classy

ROAD TEST PEUGEOT 207 SW

BY STEVE LOADER

STAR QUALITY

Driving appeal	★★★★★
Image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Green rating	★★★★★

alloy detail, although the centre display surround can reflect and distract from the view through the windscreen.

For a car competing with MPVs, interior stowage is also poor with small door pockets and a tiny glovebox – there is little room to stash CDs.

However, the boot is large for this class of car with a low loading threshold, while head and legroom for rear passengers is excellent – the cabin remains airy even with the electrically-powered roof blind in place.

You also quickly forget any minor grumbles when driving the 207SW: it has a lovely engine and gearbox and the car carries over the driver enjoyment of the main 207 hatchback range.

Grip is tenacious and the car keeps it poised on corners where a conventional high-set MPV would heel as if under sail.

If you enjoy driving, but have to yield to practicality for work, family, sport or canine reasons then this little load-lugging Peugeot offers more than a small MPV, without a loss of style or street cred.

• Email steve.loader@kosmedia.co.uk



SEE MOTORSTV FOR MORE ROAD TESTS BY STEVE LOADER @
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Brighten up your life with the new Fabia Sport. For a limited time our sporty little number comes with one year's free insurance, as well as 16" alloys, halogen headlights, 3 spoke leather steering wheel, sports body kit, sports seats, sunset glass and lots lots more lovely stuff.



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on all Fabia*...

or 1 year's free insurance with the Fabia Sport†... and free air conditioning on all level 1 models...

...our spring offers add up to deliciously great value.

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A breath of fresh air and £1,000 off.

To design something remarkable a fresh approach is called for. Incredible flexibility, bags of room, lots of clever features and now with £1,000 off, the Roomster is full of fresh ideas.

The Roomster. Now from only £9,055RRP.



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on the all New Fabia Estate*.

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05/55	C1 1.0i Vibe 5 door.....	£5995
04/54	C2 1.1i SX.....	£5495
07/57	C2 1.1i Design.....	£6995

18 more in group stock

C3/C3 PLURIEL

05/05	C3 1.1i Desire 5 door.....	£5995
04/54	C3 1.4i Desire 5 door.....	£6250
05/54	C3 1.4Hdi 92hp SX 5door.....	£6250
04/04	C3 1.4i SX AUTO 5 door.....	£6495
07/57	C3 1.6i SX AUTO 5 door.....	£9995
04/04	C3 PLURIEL 1.4i Convert.....	£6495
07/57	C3 PLURIEL 1.4i Convert.....	£9995

29 more in group stock

C4

06/06	1.4i VTR Coupe.....	£8795
07/07	1.6i COOL Coupe.....	£9995
07/07	1.6i VTR + Coupe.....	£10495
05/05	1.6Hdi 110 VTR+ 5door.....	£8995

10 more in group stock

C5/C6

06/06	C5 1.6Hdi 110 VTR 5door.....	£10495
05/05	C5 2.2Hdi AUTO VTR 5door.....	£10995

13 more in group stock

BERLINGO MULTISPACE

03/52	1.9D Forte.....	£5495
02/52	2.0Hdi Forte.....	£4995
04/04	2.0Hdi Forte.....	£5995
07/57	2.0Hdi Desire.....	£9995

5 more in group stock

XSARA PICASSO

05/05	1.6i LX.....	£6495
04/54	1.6i Desire.....	£6995
05/55	1.6i Desire.....	£7495
03/03	1.8i 16V SX.....	£5995
05/05	2.0i AUTO Desire.....	£8495
04/04	2.0Hdi Desire.....	£6495
04/04	2.0Hdi Exclusive.....	£7495
04/04	1.6Hdi 110 Exclusive.....	£7495
05/54	1.6Hdi 110 Exclusive.....	£8295
05/05	1.6Hdi 110 Exclusive.....	£8495

16 more in group stock

C4 PICASSO/GRAND C4 PICASSO

07/07	1.8i VTR + 5 seater.....	£12995
08/57	2.0Hdi EGS Exclusive 5 seater.....	£15995
08/57	1.6Hdi 110 SX 7 seater.....	£13995

10 more in group stock

C8/C-CROSSER

05/55	C8 2.0i AUTO SX 7 seater.....	£13495
07/57	C8 2.0Hdi 136 SX 7 seater.....	£16995
07/07	C-Crosser 2.2Hdi Exclusive.....	£21995

7 more in group stock

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05/05	Berlingo 2.0Hdi Enterprise.....	£6495
07/57	Berlingo 1.6Hdi LX90.....	£7495+VAT

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- ☒ 30 day/1000 mile any reason exchange!††
- ☒ Meticulous preparation
- ☒ Mileage, finance, theft & write-off checks
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DEAL OF THE WEEK

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USED CAR ROUND-UP: OUR PICK FROM A KEY SECTOR

FORD FOCUS ESTATE



NOT to be confused with the Focus C-Max MPV – another excellent alternative here – the standard estate offers that excellent Focus driving experience plus extra load lugging capacity. The Mark I estate is not as stylish as its replacement, but is the more practical and there is plenty of choice in the market; the arrival of the popular C-Max has made the Mark II estate a rarer item, but sought after second-hand for its neat and classy rear end styling.

PEUGEOT 206SW



HERE is an MPV for people who do not want a car that looks like an MPV. Peugeot has a recent tradition for developing SW models that are really blown up estates with the space and versatility to attack rival MPVs without the penalty of being unwieldy or ugly. The 206SW is affordable with all the handling panache of the 206 hatch – Peugeot's best-selling model ever – and can be bought with one of the French marque's enviable diesel engines.

CITROEN PICASSO



LINES sometimes described as 'jelly mould' have not stopped the Picasso from being the best-selling midi-MPV for much of its life – it stands out from the crowd and is airy and spacious inside. Refinement and ride are good, although the latter also makes the handling feel woolly on the corners. There is the extra bonus of smooth and frugal diesel options too and, with lots of new Picassos sold, used car hunters are spoilt for choice and price.

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04 (S) TOYOTA AVENSIS 1.8 SPIRIT 2.0
VVT-i 5 door hatch, white with black leather trim, 51,000 miles, FSH, long MOT, PAS, EW, EM, sat nav, traction control, cruise control, power seats, remote locking, alarm, Air bags, alloys, 1 keeper, true luxury at only - **NOW £7995**

00 (W) CITROEN SAXO 1.6 VTR 16V 3 door sports hatch, met gold with black fleck sports trim, service history, low mileage, long MOT, PAS, EW, Sun roof, alloys, RCL & alarm, Air bags, original CD hi-fi, new brakes, only 2 keepers. Only **£2495**

01 (Y) PEUGEOT 106 XN 1.1 ZEST 2, 5 door hatch, moonstone blue with black fleck trim, only 62,000 miles, M/D service history, long MOT, PAS, EW, alarm, Air bags, original CD hi-fi, 1 keeper, **WAS £3495 NOW £2995**

00 (X) TOYOTA AVENSIS 1.8 GS VVT-i 5 door hatch, met blue with grey velour trim, low mileage, service history, long MOT, PAS, EW, EM, sat navigation, remote locking, alarm, Air bags, original hi-fi, only 1 keeper, **WAS £3995 NOW £2995**

03 (03) HYUNDAI GETS 1.1 GSI 3 door hatch, diamond black with grey fleck trim, only 40,000 miles, FSH, long MOT, PAS, EW, EM, Original CD hi-fi, alarm, Air bags, 1 owner from new. Only **£3495**

03 (53) NISSA MICRA 1.2S NEW SHAPE 3 door hatch, red with grey fleck trim, FSH, only 32,000 miles, long MOT, PAS, EW, PAS, c/locking, alarm, original CD hi-fi, Air bags, only group 3 insurance & low TAX group, ideal first car **£3995**

06 (06) VAUXHALL CORSA 1.2 SXI 5 door hatch, met blue with black/grey cloth sports trim, low mileage at only 19,000, FSH, Air conditioning, PAS, EW, EM, remote locking, alarm, Air bags, CD hi-fi, alloys, 1 keeper, Only **£5995**

01 (Y) CITROEN XSARA PICASSO 1.8 SX, 5 door hatch, met silver with spotless cloth trim, ONLY 59,000 miles, full MD service history (just had full service) long MOT, PAS, EW, EM, AC, many Air bags, on board computer, remote c/locking alarm immob, original CD hi-fi, 2 keepers, bargain low mileage genuine car at **£3995**

00 (X) ROVER 45 1.8 CLUB, 4 door saloon, met navy blue with grey velour trim, only one keeper, service history (with camb belt change), only 87,000 miles, long MOT, PAS, EW, EM, Air bags, remote c/locking, alarm, CD hi-fi, alloys etc. A well looked after example. A bargain at only **£2495**

01 (X) RENAULT CLIO 1.4 16V 'ETOILE/AUTOMATIC, top of the range, 5 door hatch, met silver with immaculate grey cloth trim, FSH, only 24,000 miles, AC, power roof, E/W, PAS, c/locking, alarm, original CD hi-fi, only 1 keeper, as new example Only **£3995**

01 (Y) VW GOLF 1.6 SE AUTOMATIC, 5 door hatch, met silver with black fleck trim, low mileage, AC, EW, mirrors, PAS, Air bags, remote c/locking, alarm/immob, CD hi-fi, recent service, ABS, excellent condition Bargain at **£4995**

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COOPER, 1.6, 2003, alloys drivers airbag electric mirrors e/w immobiliser passenger airbag ps rear electric windows remote central locking service history, aluminium silver, 48000 miles, £8000, A 1 Carriages, Crayford, 01322 281525 (TRADE)

MITSUBISHI

L 200, 09/2006, 2.5i dtd 4 life 4x4 pick up / 3con 9.000 miles day cab met blue, £5995, Beaver Commercial, Ashford, 01233 634763 (TRADE)

NISSAN

NISSAN PRIMASTAR 2700 SE, 09/2006, 1.9 dtd 100 swb elec windows 6 speed cd blue 5,000 miles as new, £9695, Beaver Commercial, Ashford, 01233 634763 (TRADE)

MICRA, CELEBRATION TID EDN,

2000, celebration special edition; manual 3 door; green, body coloured bumpers; driver's airbag; folding rear seats; front head restraints; immobiliser; kids child seat anchor points; cassette radio; pas; fax; recent service; long mot; low insurance; great condition; green, 29000 miles, £1650, Folkestone, 01303 240796 (PRIVATE)

PEUGEOT

PEUGEOT EXPERT 815, 09/2005, 1.9d 3 seats twin doors 40,000 miles lined met silver, £6795, Beaver Commercial, Ashford, 01233 634763 (TRADE)

PORSCHE

911 CARRERA 4, 2002, meridian silver with blue leather, 46000 miles, £29950, Martin James Cars, Kent, 01795426700 (TRADE)

PROTON

PERSONA, 1.5 GLSi Saloon 4d 1468cc auto, s 1999, electric windows, power assisted steering, drivers airbag, sunroof, remote mirrors, radio cassette, green, miles, £1995, Westbrook Cars, Canterbury, 01227 710685 (TRADE)

RENAULT

RENAULT KANGOO s17 70 +, 01 2006, 1.5 dci side door met silver elec pack 41,000 miles fsh manufacturers warranty, £4975, Beaver Commercial, Ashford, 01233 634763 (TRADE)

ROVER

200, 216 CABRIOLET, 1997, grey, 0 miles, £1295, County Car Sales, Dover, 01304 242324 (TRADE)

SAAB

9-3, LINEAR TID 1.9, oct 2004 g154wdc, two previous keepers, power steering, remote central locking, air conditioning, electric windows, 6 speed gearbox, full service history, radio/cd player, twin & side airbags, abs brakes, engine immobiliser, car alarm, on-board computer, tinted glass, ad, steering column, seat height adjuster, alloy wheels, silver metallic, 32,000 miles, £9,495, Hollis Motors, Dover, 01304 206710 (TRADE)

SEAT

IBIZA, 1.4 DAB 5dr, 09/09/2006, cd player driver airbag power steering electric windows, grey, 17899 miles, £5999, Invicta Motors, Ashford, 01233 504400 (TRADE)

LEON, 2006, luna grey, 13156 miles, £12495, WJ King Vauxhall, Bromley, 020 8464 3456 (TRADE)

SUBARU

IMPREZA, WRX TURBO, 2004, red, 38000 miles, £10995, County Car Sales, Dover, 01304 242324 (TRADE)

TOYOTA

CELICA, VVTi, 2006, red, 20000 miles, £11495, Morris Forshaw, Maidstone, 01622 750 442 (TRADE)

VAUXHALL

CORSA, 2002, green, 53303 miles, £3495, WJ King Vauxhall, Swanley, 01322 662890 (TRADE)

VOLKSWAGEN

PASSAT, SE 2.0 TDI 140ps, 2005, reflex silver with charcoal high velour, 42000 miles, £11995, UM Motors, Strood, 01634 296688 (TRADE)

POLO, 1.2 E 55 3dr (2002 - 2005), 2012/2005, cd player abs driver airbag immobiliser electric windows, red, 17192 miles, £5499, Invicta Motors, Ramsgate, 01843 853555 (TRADE)

POLO, 1.2 E 55 3dr (2002 - 2005), 2012/2005, cd player abs driver airbag immobiliser electric windows, red, 17192 miles, £5499, Invicta Motors, Ramsgate, 01843 853555 (TRADE)

VOLVO

C70, 2.3 T5 6T 2dr Auto, 05/20hp, abs, air bag, side air bags, alarm, traction control, climate control, cruise control, heated seats, electric mirrors, front fog lamps, headlamp wash/wipe, alloy wheels, silver, 69621 miles, £8999, AutoPlanet Maidstone, Maidstone, 0845 871 5185 (TRADE)

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Bannatyne's Health Club
www.bannatyne.co.uk

Hair Stylist F/t Job in Ashford, Kent

Position available with Sensory Spa (Bannatyne Group)

Salary: depending on experience and qualifications
Contract type: Permanent

Bannatyne's health clubs are the largest independently owned health club operator in the UK, offering state of the art facilities in 62 convenient locations to over 180,000 members.

Working for the Company is much more than just a job; dedicated to their members, the Company employs people who are passionate about the business. Club environments are both exciting and enjoyable.

Bannatyne's Health Club are looking for an experienced Hair Stylist to work on a freelance / Chair rental basis alongside their established Sensory Spa Hair Salon stylist.

Applicants should have at least 3 years experience and be qualified to a minimum of NVQ Level 2.

To apply, please send your full CV and covering letter to sensory.ashford@bannatyne.co.uk

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office@education-sense.com
www.education-sense.com

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Park Avenue After School Club require an **out going fun enthusiastic individual with experience in working with primary age children to run their after school club. Hours 2.30-6pm Mon-Fri term time & school holidays (flexible). Also required a full time nursery assistant.**

The suitable candidate for each post must possess a relevant NVQ level 3 or above certificate in childcare, and have a working knowledge of the Foundation stage curriculum. Posts subject to CRB & reference checks.

Send CV to Park Avenue Nursery, Victoria Park, Deal, CT14 9AL or email semcgahan@hotmail.com

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- Presentable and punctual

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Call for a confidential discussion or write to: **Parm Randhawa**

General Sales Manager, Invicta Motors, The Parade, Orbital Park, Ashford, Kent. TN24 0HT
Tel: (01233) 504400 Fax: (01233) 504425

Email: parm.randhawa@summitautogroup.co.uk Website: www.summitautogroup.co.uk

BODY PERSON/COACH BUILDER

Arriva is one of the UK's largest bus operators and in Southern Counties we have a fleet of 620 vehicles and some 1,800 staff based at 14 depots serving customers in the Essex, Sussex, Surrey and Kent areas.

We currently have a vacancy for a Body Person/Coach Person at Maidstone Depot, reporting directly to the Engineering Manager.

You will assist with daily activities that will include:

- Body repairs to our fleet
- Accident repairs
- Preparation for repaints

Personal qualities should include:

- High quality vehicle coachwork repairs and presentation standards
- Quality bodywork repairs and fabrication skills
- Flexible approach to hours of work
- Self-motivated
- Adherence with all H & S matters
- Clean driving licence; experience of driving large vehicles preferred but not essential

To apply, please send your CV and a covering letter to: **Mr Bob Taylor, Engineering Manager, Arriva Southern Counties, Invicta House, Armstrong Road, Maidstone, Kent, ME15 6TX.**

Closing date for applications is: Tuesday 27th May 2008

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£8,000 – part time from October 2008

Kent Police Authority is an independent body that oversees Kent Police. We're looking for people from across Kent and Medway to join as Independent Members. You will play a key role in holding Kent Police to account on behalf of the public.

- You will be expected to attend all Authority meetings and challenge and question senior Kent Police officers and staff. You will attend appropriate designated committees and participate in public consultation on local policing issues.
- You will be expected to keep abreast of developments in both local and national policing. You will be required to present a broad range of local communities and constructively challenge accepted views.
- Good communication skills are essential as some public speaking will be required and you will be representing the Authority in discussions with interested parties. You should be able to demonstrate relevant skills, experience and knowledge, for example in management, business, finance, strategic IT and community or race-relations.

A commitment of up to two days per week is required, for which an allowance and expenses are payable. This post will last until March 2013. You need to be over 18, live or work within Kent and Medway (and have done so for at least a year prior to appointment) and not be otherwise disqualified.

Kent Police Authority welcomes applications from all eligible people from all backgrounds.

For more detailed information and an application pack call 01622 677 055 or email memberappointments@kent.pnn.police.uk

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jp.international@lineone.net
www.johnparkerinternational.com

Foster carers wanted

The Caldecott Foundation, which cares for vulnerable children who have experienced extreme trauma and disruption, seeks dedicated and highly motivated foster carers. Comprehensive training and support given, plus excellent rates of pay.
Contact Jamie Bromfield or Erica Eversfield on 01303 815648 or email fostering@caldecottfoundation.co.uk



The Caldecott Foundation, Smeth, Ashford, Kent TN25 6SP.



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Community Carers & Domestic Carers
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As all training is provided

- Must have own transport
- Be flexible with working hours.
- Work alternate weekends

All posts are subject to enhanced disclosure
To apply please telephone

Alison George 01303 272348

Discover your Potential

Mid-Kent College is one of the largest providers of Further Education in Kent with over 12,000 students and 850 staff.

Currently located at four sites in Maidstone, Chatham and Rochester, this thriving college will open its new £76m campus to students in Medway in September 2009.

We are looking for individuals who will encourage learning for life and enhance our existing teams in the following areas:

Programme Area Leader - Hair Design Ref: EL1 Lecturer Grade C: £29,267 to £32,898

We are seeking to recruit an exceptional candidate to provide support to the Head of School on all staffing, student curriculum and quality issues. The post holder will deliver Hair Design programmes to full and part-time students and carry-out regular observations of staff for the purpose of appraisal and quality improvement. The candidate must have a recognised teaching qualification and relevant vocational/academic subject qualification.

Lecturer in Hair Design Ref: EL2 Lecturer Grade B: £25,092 to £28,719

We are seeking to appoint enthusiastic professional to teach, assess and participate in the development of Hair Design programmes. The successful candidate will develop and deliver high quality training and assessment procedures to full and part-time students. The applicant must have a relevant vocational/academic qualification and should hold or be willing to work towards a teaching qualification. Recent industry experience would be advantageous.

Acting Programme Area Leader - Ref: EL3 Plumbing

An opportunity has arisen within the Construction & Engineering School for a Lecturer to contribute to the development, management and teaching of Plumbing, Heating and Gas programmes at Mid Kent College, based on Oakwood Park Campus in Maidstone.

The ideal candidate will have a current knowledge and be able to demonstrate practical experience of the Building Services Industry. In addition, they will have sufficient teaching experience and be educated to Level 3 or the equivalent in the relevant field. The candidate must have a recognised teaching qualification; An Advanced Craft Certificate, including Mandatory Awards in Water & Gas and either a D32/34 or A & V Awards.

Lecturer Motor Vehicle Ref: EL4 Lecturer Grade: B/C (depending on qualifications & experience) Salary: Circa £25,000 to £32,000

Due to expansion of our highly successful Automotive provision we are looking to recruit an experienced and highly motivated Lecturer able to teach to all levels (currently Foundation to Level 3) of a range of Mechanical qualifications within our Motor Vehicle department.

Ideally (but not essentially) with some Heavy Vehicle experience, applicants must be able to work flexibly, with a strong team ethic and expect to deliver engaging lessons (both practical and theory) to the highest standard. The department benefits from strong links with Buckmore Park karting circuit (where we run a National Diploma in Motorsport) and has a history of high Success rates across its full-time, part-time and work-based-learning provision.

Lecturer in Construction Ref: EL5 Lecturer Grade C: £29,267 to £32,898

The primary role of the successful candidate will be to teach on and participate in the development of construction and related programmes with a particular focus upon Higher/Advanced programmes and Quantity Surveying pathways. The candidate should have the ability to teach across a broad range of subjects, including Measurement, Estimating and Technology. The applicant should hold or be willing to work towards a relevant teaching qualification.



Lecturer in Biology - Fixed-Term Ref: EL6 Maternity Cover (18.5 hours per week) Lecturer Grade B: £25,092 to £28,719 pro-rata

We are looking for a Lecturer in Biology to teach on and participate in the development of Biology programmes. The successful candidate will deliver a range of courses to students and must hold a relevant degree in Biology.

Lecturer in Computing & IT Ref: EL7 (22 hours per week) Lecturer Grade C: £29,267 to £32,898 pro-rata

We are looking to appoint a Lecturer to undertake teaching and tutorial/pastoral functions on the Higher Education programmes - Foundation Degree, HND and HNC. These programmes are delivered at Chatham Maritime in partnership with the University of Kent.

You will work as part of a team making a contribution to relevant programmes of study, including developing courses for revalidation or in response to market need along with preparation, maintenance and sharing of teaching materials. Up-to-date and sound working knowledge of programming, databases, operating systems, applications development, internet design and implementation is required.

All posts are full-time (37 hours per week) unless otherwise stated. The benefits of joining Mid-Kent College include generous annual leave, final salary pension scheme, flexible working opportunities and on-site gym.

The College selection process will reflect our commitment to safeguarding young people and vulnerable adults.

Any offer of employment is subject to an Enhanced Criminal Records Bureau Disclosure and List 99 clearance.

Application forms and further details are available from www.midkent.ac.uk. Alternatively, please call the Personnel department on 01634 845402 (24 hour answer machine) or e-mail job.applications@midkent.ac.uk quoting the appropriate job title and reference number.

Closing date: Friday, 30 May 2008

Mid-Kent College is committed to Equal Opportunities and encourages applications from all sections of the community and welcomes applications from under represented groups including black, minority ethnic and disabled people.



Housing Administration Officer (Housing Options Team)

37 hours per week
Salary range £14,625 - £18,285

In Swale, we are committed to tackling the causes of homelessness, and need confident and highly organised problem solvers to help clients keep their homes or, if homelessness is unavoidable, find the best housing solution available. If you enjoy using your own initiative, have a good common sense approach and are looking for a challenge, this role could be for you.

We are looking for an energetic and dynamic individual to join the team to provide administration support to the Housing Options Team and assist them in providing advice services and preventing homelessness amongst applicants. Your role will include maintaining management systems, taking and dealing with enquiries from the general public and ensuring the smooth running of the office. Therefore, excellent communication skills, particularly in the areas of motivation and customer listening will be essential.

You must have good IT skills, strong written skills, be flexible and innovative and enjoy working in a team as well as willing to learn new skills.

In addition to salary, we can offer you a generous annual leave allowance, paid bank holidays, flexi-time and the Local Government final salary pension scheme.

For further information and an application form contact Human Resources, Swale Borough Council, Swale House, East Street, Sittingbourne, Kent ME10 3HT. Telephone Sittingbourne (01795) 417414 (24 hour voice mail) quoting reference number 306HO1.

E-Mail: hr@swale.gov.uk Website: <http://jobs.swale.gov.uk>

Closing Date: 26 May 2008
Interviews are expected to be held
w/c 9 June 2008



Functional Skills Manager

Starting salary £26,159, with progression through contribution related pay to £29,920 per annum
Countywide - base nearest to home

KEY Training Services deliver an exciting range of innovative training programmes to people aged 14-upwards. As one of the largest work-based training providers in Kent, we offer a wide range of Vocational and Pre-vocational programmes and qualifications supported by a Functional Skills team, from 5 Centres countywide.

A new opportunity has arisen for a Manager to support KEY's Skills for Life Strategy and its operational delivery through the performance management of the Functional Skills Team.

You must demonstrate that you have the skills to manage human and physical resources, curriculum development and also have a good understanding of work-based learning and the government's Skills for Life Strategies.

You need to be Level 4 qualified (or equivalent) in Literacy and/or Numeracy and will have the responsibility for Internal Verification of Key Skills qualifications. Ref: CD/o8/0119

Closing date: Midday, 30 May 2008.

Education Welfare Officer - Cluster Based Service

Starting salary £20,061, with progression through contribution related pay to £22,825 pro rata
0.8 FTE term time only

Deal and Sandwich Cluster, East Kent - currently based in White Cliffs Business Park, Whitfield

Education Welfare Officers work with schools, families and pupils to promote regular school attendance. The work is challenging and requires the ability to work independently as well as being a good team member. You will receive in service training, regular supervision, and support in your work with schools, pupils, their families and other agencies.

You will need the ability to travel as visiting schools and homes etc is essential to the work. Essential car user allowance is payable.

Ref: CFE/o8/0201

Closing date: Midday, 2 June 2008.

These posts are subject to a Disclosure Application to the Criminal Records Bureau.

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Travel Consultant

Salary: £17,861 to £22,907 pro-rata
15 hours per week over 2 days

We are seeking to recruit an experienced Travel Consultant to operate a fully ABTA bonded agency based at our Rochester site. The ideal candidate will have 2-3 years retail travel experience and be able to provide a comprehensive range of travel services to students, college staff and the general public. The consultant will work alongside the Travel & Tourism department in Mid Kent College to provide a training environment for students who are studying a range of Travel & Tourism qualifications. The successful candidate will have excellent communication skills, ability to work on own initiative or part of a team, excellent customer service skills and be able to demonstrate a positive and friendly approach.

The College selection process will reflect our commitment to safeguarding young people and vulnerable adults and any offer of employment is subject to a satisfactory Enhanced Criminal Records Bureau Disclosure and List 99 clearance.

Application forms and further details are available from www.midkent.ac.uk. Alternatively, please call the Personnel department on 01634 845402 (24 hour answer machine) or e-mail job.applications@midkent.ac.uk quoting the appropriate job title.

Closing date: Friday, 30 May 2008

Mid-Kent College is committed to Equal Opportunities and encourages applications from all sections of the community and welcomes applications from under represented groups including black, minority ethnic and disabled people.



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- Strong negotiation skills and flexibility
- Brilliant people skills, inspiring top performance
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- Is fluent and coherent in verbal and written communication
- Previous experience of selling travel insurance desirable
- Willing to travel; clean driving licence

Interested? Then please send your CV and covering letter to [Holiday Extras, Newingreen, Hythe, Kent CT21 4JF](mailto:recruitment@holidayextras.com) or to recruitment@holidayextras.com

Closing Date: 27th May 2008



71489

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Canterbury College is a leading FE and HE College which offers opportunities and an environment in which our 800 staff and 12,000 learners can reach their potential, so we can achieve our goal of being one of the best Colleges by 2010. To support this, the College has been undergoing a £50 million re-development, which opened in January 2008. We are now developing plans for Phase 3, for completion in 2012.

Director of Higher Education and International Provision

37 hours per week, salary circa £55,000
(Closing date: Friday 23 May 2008 at 12 noon. Interview date: 5 June 2008.)

Post Ref: DHEIP

Lecturer Brickwork

37 hrs per week, salary range £17,816 - £25,545 per annum

Post Ref: L16

Lecturer Basic Skills for Construction Students

37 hrs per week, salary range £17,816 - £25,545 per annum

Post Ref: 08/68

Lecturer Public Services

37 hrs per week, salary range £17,816 - £25,545 per annum

Post Ref: 06/92

HR Manager

37 hours per week, salary circa £45,000

Post Ref: 05/75

Assessor - Motor Vehicle/Motor Sport

37 hrs per week, salary range £17,727 - £25,418 per annum

Post Ref: 08/70

Trainer Demonstrator - Plumbing

37 hrs per week, salary starting from £18,375 per annum

Post Ref: 08/69

Trainer Demonstrator - Motor Vehicle/Motor Sport

37 hrs per week, salary starting from £18,375 per annum

Post Ref: 08/67

Trainer Demonstrator - Sport, Leisure, Travel & Tourism

18.5 hrs per week, salary starting from £18,375 pro rata per annum

Post Ref: 04/106

Senior Nursery Officer - Education and Curriculum

18.5 hrs per week, salary starting from £16,364 pro rata per annum

Post Ref: 08/71

Nursery Assistant

37 hrs per week, salary starting from £11,269 per annum

Post Ref: 05/82

Applications Technician - Advanced

37 hrs per week, salary starting from £20,775 per annum

Post Ref: ATA

Supply NVQ Assessors required in the following areas:

Various hours available, salary range £17,727 - £25,418 pro rata per annum

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Post Ref: NVQ/PW

For an application pack please visit www.cant.col.ac.uk or call the Personnel Office on 01227 811282 (24hr answerphone) quoting the post reference.

The closing date for the above posts Tuesday 27 May 2008 at 12 noon.

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- Proximity to Mainbus / Train Stations
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- Staff Discount Scheme



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Ready to build an exciting career in direct marketing and marketing intelligence? Then you're ready to talk to us. Please write enclosing your CV and salary expectations to Sally-Jane Plenge, Senior Group HR Officer, Saga Group Limited, The Saga Building, Enbrook Park, Folkestone, Kent CT20 3SE or e-mail: human.resources@saga.co.uk

Closing date: 6 June 2008. Please quote reference: SG207/KOS.

saga.co.uk

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Closing date: Friday 23rd May Interviews w/c 26th May

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For an informal discussion, please contact Colleen Marin, Senior Adviser, EYCC on 01233 898722.

To apply, visit www.kent.gov.uk/jobs alternatively, please email recruitment.line@kent.gov.uk or call 0845 8247 904. Please quote reference: CFE/08/0127.

Closing date: Midday 30th May 2008.

Interviews for these positions will take place on 19th June 2008.



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The West Kent Learning Federation is a network of learning providers consisting of two FE colleges, seventeen secondary schools and two special schools. The Federation has ambitious plans for 14-19 curriculum development and collaboration.

For further information and an application pack please contact the PA to the Chair of WKLF, Mrs Jenny Rutherford on 01732 353544 ext 240 or by e-mail at: jrutherford@hughchristie.kent.sch.uk

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PUBLIC NOTICE

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Do you live or work in the Sandwich area? Are you interested in finding out more about how climate change will affect your community and what you can do?

If so, please join Kent County Councillors, Dover District Councillors and Town and Parish Councillors of the Sandwich area at the forthcoming public Sandwich Neighbourhood Forum on the 22nd May. Come and hear what action KCC and DDC are taking to tackle climate change to both reduce carbon emissions and preparing to adapt to change. Learn what action you can take personally, what communities in Kent are already doing to become low carbon, and how you can get involved. You will then be given the opportunity to ask questions, share your own experience and ideas, and, if so inclined, begin to develop projects for your local community. Rosie Rechter, who has recently set up the 'Deal With It' campaign in Deal, will be available to offer advice on how she successfully got the campaign off the ground. You can also take a tour of the Phoenix Centre to see how an environmentally friendly building looks, feels and works in practice, a community project that has proved to be extremely popular with all who use it. For further information about the meeting please contact Louise Bolton, Community Liaison Manager on 01622 221947.



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TONY PATEY

BUSINESS BRIEFS

Play the field when looking for finance

APPROACHING your bank is not necessarily the best strategy when you need finance. It makes better sense to see what the whole market is offering before you make a decision on a key move.

CFS, and independent commercial finance broker, based in Dover and Maidstone, says businesses need to search for the right package with lending is not limited to the high street lenders.

The market continues to grow with new lenders providing new services, some only available through the intermediary market. Principals Marcus Abbott and Andrew Craddock, who between them have 50 years' experience as commercial bankers, say that businesses need to take expert advice.

Online health check on offer to firms

BOSSES can now check the health of their businesses with the help of a free online guide. Business Link's health check tool, available at www.businesslink.gov.uk/southeast/healthcheck, can help companies analyse their finance and administration systems.

Business Link's Richard Green said: "Identifying and tackling any problems early on can markedly increase the chances of success. A few minutes online could be critical to the health and life of an organisation."

The rogues' gallery

ROGUE traders now have nowhere to hide. A new customer review directory launched this week highlights best practice and exposes the worst UK companies via customer feedback and credit ratings.

BView offers a web presence to every UK business, free credit ratings of more than 1.5 million companies and provides unbiased searches which enable the customer to decide how their results are returned.

There are 78,922 Kent companies with preloaded BView business profiles and businesses not on the site can join voluntarily. Visit www.bview.co.uk.

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How business at Paddock Wood Hop Farm has been transformed

Protection from bad debts could save your firm

BAD debts are on the rise – with the number of judgments against businesses hitting a six-year high, latest figures show.

Independent commercial finance company IGF is urging small to medium-sized enterprises (SMEs) to consider bad-debt protection to hedge against the increase in bad business debts.

The problem was highlighted recently by the Registry Trust, a not-for-profit company which collects and distributes court judgment information in the public interest throughout the UK.

It said there was a marked increase in bad debt judgments against businesses in 2007. The rise of four per cent to 185,395 took the number of judgments to the highest level since 2001.

Malcolm Hurlston, the chairman of Registry Trust, said: "The next 12 months should be interesting."

"I certainly expect the upward trend in commercial judgments to continue in 2008 which promises to be a tough year for British businesses, especially in the small and medium-sized enterprise sector, against which most commercial judgments are made."

IGF, which is based at Kings Hill, West Malling, said it can, for example, offer a bad-debt protection facility to both factoring and invoice discounting clients' and will be worked out to the needs of individual businesses.

Businesses going for bad-debt protection can get protection for up to 90 per cent of any loss suffered by reason of the failure of a debtor to pay, owing to insolvency or just not paying.

IGF's managing director Tracy Ewen, said: "No one likes unforeseen bad debt, and for SMEs and start-ups, it could seriously jeopardise the survival of their businesses."



CASH FLOW: Managing director Tracy Ewen of Kings Hill-based IGF, which can offer bad-debt protection

"Nothing is more frustrating than running into difficulties with cash flow through no fault of your own. With proper protection, if a customer does fail to pay through insolvency or protracted default, the outstanding debts will be settled."

IGF is an independently managed commercial finance company specialising in the small and medium-sized business market, especially companies from new start-up to £10 million turnover a year.

Part of the Greater London Enterprise Group of Companies, an economic development and investment company owned by the London Boroughs, IGF was established in 1997. For more information go to www.igf-group.com.

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DECISIVE: Yasir Arafat bowled Kent to victory against the Essex Eagles

Eagles plucked by Arafat spell

CRICKET

A SUPERB opening spell from Yasir Arafat helped Kent Spitfires comfortably beat Essex Eagles at Chelmsford on Friday for their fourth successive win in the Friends Provident Trophy.

The Pakistan all-rounder took 4-29 to rip through the hosts' top order. Essex, who set a club record 391-5 in their previous game against Surrey, never recovered and stumbled to 124 all out in the 26th over.

Earlier, South African all-rounder Justin Kemp continued his good form with a half century. Kent batted patiently on a difficult wicket to reach 230-7 from their allocation.

The 106-run victory, their fifth successive triumph in all competitions, sent Rob Key's men top of the

Tredwell and Arafat combined for a quick partnership in the closing overs.

In reply, the Eagles stuttered almost immediately as Arafat dismissed the dangerous Mark Pettini, who smashed 144 at The Oval five days earlier, for just one run.

Ravi Bopara, who scored 99 against Kent in the first game of the competition, then fell first ball to Arafat as Essex were reduced to 9-2.

After a flurry of boundaries from Jason Gallian, the Spitfires struck the decisive blow. Five wickets fell for 26 runs to leave the Eagles in deep trouble on 61-7.

Some resistance followed but it fell well short of the miracle Essex needed to pull off an unlikely win.

Malvern too sharp for Boars Head B

THE Malvern won the battle at the top of Division One in the Dover Invitation Darts League with a steady 6-3 win over Boars Head B.

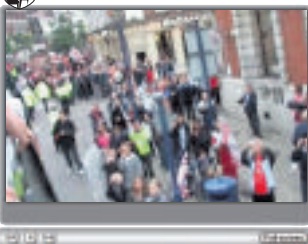
The Malvern were leading 2-1 after the pairs and then raced to a 5-1 lead, with wins from Peter "Tucker" Fry, Mark Clayton and Dennis Painter.

Keith Waymark made the score 6-1 before Lee Ware and Paul Turner won the final two games to make the score-line respectable.

The Archers' recent downturn in form continued as they lost against the Seamen's Mission 5-4. It was the Mission's second win of the season, just one week after being thumped 9-0.

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Ebbfleet fans line the streets to welcome home their Wembley heroes

Spanton and Snell keep target low

A FIVE-WICKET haul for Craig Spanton helped restrict Beckenham to just 112 runs as Sandwich secured a win by 82 runs.

Beckenham asked Sandwich to bat first and managed to bowl them out for just 194 runs, with Craig Snell top scoring with 64 before he was bowled by Johan Malcolm.

However, an accurate bowling display helped Sandwich secure the win as Spanton and Snell took nine wickets between them. The only resistance was James Goodman, who made 44 runs before falling to the bowling of Snell.

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Stevens' quickfire ton sees off Brown Caps

CRICKET

BY DAVID PRITCHARD

KENT Spitfires moved a step closer to the quarter-finals of the Friends Provident Trophy after a nail-biting 17-run victory over the Surrey Brown Caps.

Short boundaries at the St Lawrence Ground made for a high-scoring game in which more than 650 runs were racked up.

Mark Butcher's highest one-day score was not enough for Surrey as Kent's bowlers held their nerve with some disciplined bowling at the death to win a thriller at Canterbury on Sunday.

The former England batsman struck a brisk 139 to set Surrey up for a memorable victory, but Azhar Mahmood took four late wickets to hand Kent victory.

Earlier, Martin van Jaarsveld and Darren Stevens hit centuries in a partnership of 216 to give the Spitfires hope of a fifth successive win in the competition.

A flat wicket and benign conditions made the game a batsman's paradise in which bowlers had to work hard for their wickets.

Surrey won the toss and opted to field, but could not find a breakthrough under the early cloud cover. Openers Rob Key and Joe Denly batted well before the former flicked Chris Jordan's first delivery to Mark Ramprakash midway to the boundary.

Denly looked set for a half century but lost his middle stump to Jordan on 46.

The bowler took his third wicket when South African Justin Kemp went for six to leave Kent on 121-3.

The all-rounder's departure brought van Jaarsveld and Stevens together and the pair worked well to keep the score ticking over.

With the overs running out and seven wickets still in hand, Stevens took the initiative to accelerate the scoring.

Ablly supported by van Jaarsveld, he put on 147 from the last 12 overs. Stevens' century came from just 67 balls and van Jaarsveld scored his runs from 108 balls.

Stevens finished unbeaten on 119, while van Jaarsveld hit 113.

The Brown Caps needed almost seven runs an over in their reply, but Butcher kept the scoring rate going with some fluent strokes.

Boosted by an attacking Usman Afzaal,



Picture: ADY KERRY

BACK TO BASICS: Darren Stevens made a welcome return to form with an unbeaten century against the Brown Caps

Surrey needed 48 off the last seven overs to win, with seven wickets remaining.

But as the game appeared to be slipping away from the Spitfires, all-rounder Ryan McLaren removed Butcher.

Mahmood and Yasir Arafat were then brought into the attack and took the last six wickets in the final five overs to turn the tide in Kent's favour.

The Spitfires' fifth successive win in the competition almost guarantees them a place in the quarter-finals. They can make sure by avoiding defeat against Middlesex on Monday.

Kent play Somerset today in the first day of Tunbridge Wells cricket week. Rob Key's side take on a Somerset team led by Australian Justin Langer, looking to progress in the county championship.

Patience could be key for new signings

FOOTBALL

BY DAVID PRITCHARD

FOLKESTONE Invicta boss Neil Cugley is hoping to announce which players are staying at the club for next season following talks with the squad.

The club suffered a traumatic relegation from the Ryman Premier on the last day of the season last month and two experienced players have already left.

Although no other players have gone so far, Cugley believes more will follow Roland Edge and Kevin Watson out of Cheriton Road.

He said: "I think a few more will go. I don't think it's just the relegation, sometimes players like to say they are leaving for this or that reason but most of the time it's financial and fair play to them.

"There has been some interest from other clubs but some have re-signed and want to be a part of what we want to build here. Although we have had the disappointment of relegation, there is a confidence about the club that we can get back up a division."

Talks have begun with players about joining the club, but they are still at an early stage.

While Cugley appreciated the lack of news could be frustrating for fans, he felt it was in the club's interests to take their time.

He said: "We don't want to be rushed into signing the wrong ones or sign players before the best ones become available."



Picture: PHIL HOUGHTON

IN TALKS: Invicta boss Neil Cugley believes more players will follow Roland Edge and Kevin Watson out of the club

"One of the best sides I had was five years ago and we signed four players on the Thursday before the start of the season. We would all love to get it sorted early but it can be worth being patient."

Invicta will again host Gillingham in a pre-

season friendly, with Mark Stimson's side coming down to Cheriton Road on Saturday, July 26.

Leigh Bremner scored for Invicta in last year's match, but the League One club won 2-1.

Fisk is happy to play the waiting game

FOOTBALL

STAR striker Buster Smisen has pledged his future to Hythe Town as manager Paul Fisk hopes to keep the majority of his side together for next season.

Smisen bagged an astonishing 42 league goals to fire Hythe to a fourth place finish in the Kent Premier League.

With his strike rate, fans may have feared he would move on but Fisk confirmed he expected the forward to be in his team for next season.

He said: "Buster will definitely be staying, which is great news. I have spoken to all of the players now and the majority are going to be staying."

"We have got a couple we are not going to be able to afford to keep who probably think they have done a bit better than they have done, which is a bit disappointing."

Hythe exceeded expectations this season as they challenged for the title and reached the Kent Premier Division Cup final.

Financial limitations at the club will prevent Fisk making any eye-catching signings and he is expecting to have to wait until



FUTURE: Hythe manager Paul Fisk is looking to keep his squad together

later in the summer before he can bring any players in.

He said: "When training starts a lot of players go to bigger clubs and once they don't get in they look elsewhere."

"It's not ideal but last season we picked up Tom Adlington after he didn't get into Ashford and James Gregory and Buster Smisen who tried to get into Sittingbourne."

"We have already got a good side so waiting is not so bad, it's just the way things are."

Chairman and coach honoured for services

RUGBY

DOVER Rugby Club chairman Richard Catt and coach Graham Tonks received civic awards from Dover Town council in recognition for their services to sport.

The rise of the Sharks has been one of the stories of Kent rugby this season.

They secured back-to-back promotions with a squad of players from the Dover area, who have been playing together since the age of nine.

By gaining promotion to London 2 South through the play-offs this season, it was the club's fifth promotion in six years.

The club has been built on a strong youth set-up which has been recognised by the Dover Town Council culminating in the awards for Tonks and Catt.

Catt said: "I am delighted to receive the award. It was a great night and it was nice to meet all the other people who are doing great things for this town."

However, work has already begun for the sides first season in London 2 South and the players have only two weeks of rest before training begins.



Picture: RUGBY REC

SUCCESS: Dover rugby preparing for the new season

He added: "We have already sent our squad list to the Kent RFU for this season and the following season which shows our intentions for the years to come."

"There is a lot of work that is going on behind the scenes and the players will begin training soon."

"We are all looking forward to when the season begins again."

yourdover SPORT IN BRIEF



ON THE LASH: Not everyone was stopped by the rain

Sibton claim win over near rivals

SIBTON Park secured their first win of the Kent League Division One season with all-rounder Andy Allon top scoring with the bat and grabbing two wickets.

The rain, which cancelled many games in the county, held off for a closely fought match between neighbours Sibton Park and Folkestone. After a defeat in their first game of the season against Bexley, Sibton Park were looking to secure their first win. Folkestone were looking to improve on their win against Whitstable last week.

Folkestone batted first and they didn't get off to the best of starts, as Luke Samarasinghe was bowled by Chris Heath after scoring just a single run. Heath struck again shortly after by taking Niall O'Brien's wicket for 14 runs.

Folkestone stemmed the tide with an impressive performance from Indian batsman Himanshu Waingankar, who secured a half century before being run out. Left handed batsmen Craig Coleman followed shortly, LBW.

Sher Khanagha was next, looking to hit his second consecutive half century, but fell seven runs short as Heath struck again. Daniel Clark hit 31 runs before he was caught by Sam Newman off the bowling of Christopher Spring and the tail could only put on 28 in the allotted 50 overs, leaving them with a total of 202.

Sibton began their run chase slowly, as opener George Leadbetter was bowled by Andy Bray after scoring one run. However, it was Allon who impressed with the bat and fell just 16 runs short from claiming a century, falling to the bowling of Coleman. Steve Hobbs didn't last long at the crease, as Khanagha bowled him for seven runs.

Spring, who had already taken three wickets with the ball, showed he is just as good with the bat, with a solid 34 helping Sibton cut the deficit. A partnership of 22 between Jamie Keeler and Chris Heath secured a three wicket win, as Sibton passed the total set by Folkestone with four overs to spare for their first win of the season.

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A record-breaking pair of rowers extend their run of victories to ten

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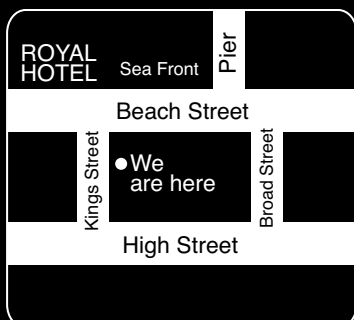
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